

Reference Guide for Providers, Veterans, and Families: Accessing Mental Health Services after Traumatic Brain Injury

Question or MH need	MH Reference materials and websites to learn more
Military Culture Training	Military Culture Training for Health Care Professionals: Treatment Resources, Prevention & Treatment www.tms.va.gov . course # 19335
Military Culture and Pain Roadmaps	Roadmaps are to develop standards of care in critical areas of Veterans health for facility leadership and frontline teams https://www.vapulse.net/groups/guidance-and-roadmap-initiative .
Current suicidal ideations with patient in provider's office	Immediately phone MH provider in your VA or engage PCMHI in your clinic for assistance in evaluating the patient straightaway. Do not leave the patient unattended while accessing MH care. Additional guidance can be obtained by calling the Veterans Crisis Line at 1-800-273-8255.
Learning more about how to evaluate for suicidal ideas and general warning signs	http://www.mirecc.va.gov/visn19/education/products.asp
To refer a Veteran in clinic for treatment of MH symptoms beyond the comfort/scope of primary care interventions	PACT providers should turn first to their Primary Care Mental Health Integration Team (PCMHI), if available. If not, consultation to the MH Service Line for referrals.
Defense Center Of Excellence Resource Guide for military families and providers	http://t2health.dcoe.mil/apps/mtbi
General Facts on TBI exposures in OIF/OEF/OND Veterans: includes information on assessments and	http://www.polytrauma.va.gov/understanding-tbi/ http://www.dcoe.mil/TraumaticBrainInjury.aspx

treatment recommendations	
Neuropsychiatric Manifestations after TBI	http://www.mirecc.va.gov/visn6/TBI_education.asp
Substance Use after TBI and Risk Reduction	http://www.mirecc.va.gov/visn19/education/products.asp
Teaching Tools for trainees on understanding neuroanatomy and neuropsychiatry	http://www.mirecc.va.gov/visn6/Tools-Tips.asp
PTSD Guides and references for providers	http://www.ptsd.va.gov/professional/index.asp
PTSD Guides and references for Veterans and families	http://www.ptsd.va.gov/public/index.asp
Common Post-deployment Symptom Education Guides for patients	http://www.mirecc.va.gov/visn6/Readjustment.asp
Epidemiological Data on Common Diagnoses and numbers of Veterans treated post-deployment	http://www.publichealth.va.gov/epidemiology/reports/oefoifond/health-care-utilization/index.asp
PTSD Consultation Services with the National Center for PTSD	PTSDconsult@va.gov
General Facts on Chronic Pain in OIF/OEF/OND Veterans	www.tms.va.gov Course # 13260: chronic pain

CPG for Patients at Risk for Suicide	http://www.healthquality.va.gov/guidelines/MH/srb/
CPG for PTSD	http://www.healthquality.va.gov/guidelines/MH/ptsd/
CPG for mild TBI	http://www.healthquality.va.gov/guidelines/Rehab/mtbi/
CPG for OTCP	http://www.healthquality.va.gov/guidelines/Pain/cot/
Consensus Conference Recommendations for Treating patients with mild TBI, PTSD, and Pain	http://www.mirecc.va.gov/docs/visn6/Report_Consensus_Conf_Practice_Recommend_TBI_PTSD_Pain.pdf
Mobile Phone APP for Concussion symptom management for patients	https://mobile.va.gov/app/concussion-coach
Mobile Phone APP for PTSD symptom management	https://mobile.va.gov/app/ptsd-coach