

Need a hand helping a Veteran get into care?
Reach out to us.

Make a confidential call to 888-823-7458 today.

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Coaching Into Care

VA HEALTH CARE Defining EXCELLENCE in the 21st Century

Coaching Into Care VA Family Call Center

(888) 823-7458

Monday – Friday, 8am – 8:00pm EST

FACT SHEET

- **Coaching Into Care** is a national telephone-based support service for family members and others who want to help reluctant Veterans access their VA health care benefits, particularly for mental health issues
- **Purpose:** To help family members and other loved ones encourage distressed Veterans to access VA Care successfully anywhere in the United States
- **Phone:** (888) 823-7458, Monday – Friday, 8:00am – 8:00pm Eastern Time
- **Email:** CoachingIntoCare@va.gov
- **Web:** www.va.gov/coachingintocare
- **Type of help provided:** Coaching Into Care is another “door” to VA care. We provide support and problem solving assistance for family members and others concerned about a Veteran, coaching with family members about how to talk to Veterans about seeking VA care, referrals for care for Veterans and family members, and information about available programs or enrolling in VA Care
- Veterans and their family members already well-connected to VA care should work with their local providers rather than calling Coaching Into Care
- Support for Coaching Into Care is provided by the Department of Veterans Affairs
- Coaching Into Care staff coordinate with the Iraq and Afghanistan Veterans Program Managers and Points of Contact in VA Medical Centers, Vet Centers, the National Veterans Crisis Line, the VA Caregiver Support Line, and the National Center for PTSD
- **Locations of call center personnel:** Philadelphia, PA, Durham, NC, and Los Angeles, CA
- **Leadership:** National and PA Site Director, Steven L. Sayers, Ph.D.; Training Director, Tanya Hess, Ph.D.; NC Site Director, Cindy Swinkels, Ph.D.; CA Site Director, Marleen Urbaitis, Ph.D.
- **For immediate crises:** Family members or Veterans should still contact the Veterans Crisis Line, (800) 273-8255, press 1 for Veterans
- **Former name:** Families At Ease