



Volume 14

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# SERV Study Newsletter

*Survey of Experiences of Returning Veterans*



Department of Veterans Affairs



## SERV Study progress

Thanks to all Veterans who have participated in the study so far— your input is extremely helpful to us. We have spoken to male and female Veterans of all ages and from all branches of military service. We now have 427 male and 155 female Veterans enrolled all 50 states. **We desperately need more female Veterans.** 30 month follow up surveys have begun and are going very well.

**We are at 49% of our goal of 1200 Veterans.**

### ***We have a raffle winner!***

Congratulations to Debbie from Illinois! Her name was chosen from a random drawing on March 3rd, 2013. She won a \$100 Visa gift card to spend as she chooses. Our next drawing will take place on Monday, June 2nd, 2014. Good luck to all our Veteran participants! The winner will be notified by email and phone.



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### ***Other research opportunities coming soon:***

The SERV Study has generated a fair amount of interest among close colleagues of Dr. Hoff. Many of you will remember that the consent form that you signed at the very beginning had a section which asked if you would like to be contacted for future studies. If you added your initials to that section, you may be contacted by phone or email later this year to see if you are interested in other studies, *but only those conducted by Dr. Hoff*. You will not be bombarded with multiple requests from other investigators.

Please do not feel obligated, though; your participation in any research is voluntary. If you choose not to participate, this will have no effect on your regular participation in SERV. As things are just getting started, we do not have details yet, but we will keep you posted when we know more.

## **Veteran participant section here:**

We are hoping that some of you might like to contribute your thoughts, suggestions, comments, questions, ideas??? We'll try to ask you after your interview if you'd like to contribute. We will use first names only or no name at all if requested.

If you would like to add to our quarterly newsletter, please write to us at:

**SERVStudy1@gmail.com**

### **Our mailing address:**

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### **Survey of Experiences of Returning Veterans**

### ***Social media presence!***

Please visit our Facebook page Gender in the Military. Our Twitter account is /GenderMilitary. Both of these are managed by Reelgood Productions due to privacy/confidentiality concerns. SERV Study can also be found on Linked In —See *miscellaneous section below*.

### **Miscellaneous**

**Linked In**– Please don't feel pressured to "connect to" or "endorse" the SERV Study if you feel uncomfortable. Linked In is similar to Facebook, but more geared toward working professionals looking to make connections. Our only reason for joining Linked In is just to get our name out there in cyberspace.

**Response booklets**– please have your booklet handy at the time of the interview. We know that our survey is a long one, and the booklet allows you to finish your telephone call more quickly and get on with your day.

**BLUE** Booklets: Baseline (first) interview only

**YELLOW** Booklets: 3-, 6-, 9-, and 12-month follow ups only

**PINK** Booklets: 18-, 24-, 30-, 36-month follow ups only

### **Useful links:**

National PTSD website:

<http://www.ptsd.va.gov/>

PTSD Program Locator:

[http://vaww1.va.gov/directory/guide/PTSD\\_flash.asp?isFlash=1](http://vaww1.va.gov/directory/guide/PTSD_flash.asp?isFlash=1)

[Ptdshelp.net](http://ptsdhelp.net)

IAVA (Iraq and Afghanistan Veterans of America)

<http://iava.org>

For a VA facility near you:

<http://vaww1.va.gov/directory/guide/home.asp?isFlash=1>

**We're on the web!**

<http://www.mirecc.va.gov/visn1/serv/>