

Conversion to DSM-5

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DSM 5 Conversion Memo Summary

- The American Psychiatric Association's fifth edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-5) was issued in May 2013.
- Transition to the utilization of the new DSM-5 criteria will occur on approximately October 1, 2013. Further guidance will be released with an official transition date.
- Prior to the transition, clinicians should continue to utilize DSM-IV. This is consistent with the tentative transition plan for Veterans Benefits Administration.
- Training information will be sent out shortly, which will be completed in collaboration with APA.

Introduction to DSM-5

- Summary of changes from DSM-IV TR to DSM-5 is available in the attachment and on-line here (<http://www.psych.org/File%20Library/Practice/DSM/DSM-5/Changes-from-DSM-IV-TR--to-DSM-5.pdf>)
- National Center for PTSD
 - Summary of DSM-5 changes for PTSD: http://www.ptsd.va.gov/professional/pages/diagnostic_criteria_dsm-5.asp
 - Project to update PTSD assessments related to DSM-5 changes http://www.ptsd.va.gov/professional/pages/assessments/DSM_5_Validated_Measures.asp
- VHA has purchased on-line versions of the DSM-5 which will be available in the summer of 2013 (<http://psychiatryonline.org/index.aspx>)
- APA also has a website with helpful resources including fact sheets about the DSM-5 (<http://www.dsm5.org/Pages/Default.aspx>)