

## Are you a **Veteran** struggling with **Posttraumatic Stress Disorder (PTSD)**?

Do you think you may have PTSD but are not sure?

Are you also struggling with *Alcohol*?

YOU MAY BE ELIGIBLE FOR A NEW STUDY

OF A THERAPY THAT MAY HELP BOTH PROBLEMS!

This therapy, called Acceptance and Commitment Therapy (ACT), has been beneficial for these and other types of problems. If you are eligible and wish to participate, you will receive this treatment FREE of charge. You will also be asked to complete assessments before, during, and after the treatment. Participants will be compensated for the time to complete the assessments.

To learn more about this study, PLEASE call (254) 743 -9631

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