

Amy Lynne Drapalski, Ph.D.
VISN 5 Mental Illness Research, Education, and Clinical Center
VA Maryland Health Care System

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Contact Information

VISN 5 MIRECC
VA Maryland Health Care System
10 N. Greene St. (Attn: MIRECC, Annex Bldg, 7th floor)
Baltimore, MD 21201
Phone: 410-637-1855
Fax: 410-637-1880
Email: amy.drapalski@va.gov

Education

1996 B.A. University of Maryland, Baltimore County, Psychology/Sociology (Pre-Professional
Mental Health Track)
1999 M.A. Catholic University, General Psychology
2006 Ph.D. George Mason University, Clinical Psychology

Post Graduate Education and Training

2005-2006 Clinical Psychology Internship VA Maryland Healthcare System/University of
Maryland School of Medicine Psychology Internship
Consortium, Baltimore, MD
2006-2008 Postdoctoral Fellowship VISN 5 Mental Illness Research, Education, and Clinical
Center, Baltimore, MD
Mentor: Lisa Dixon, M.D., M.P.H.

Medical Licenses

Maryland Licensed Clinical Psychologist (active)

Employment History

2008-present Recovery Research Associate/Psychologist, VISN 5 Mental Illness Research,
Education, and Clinical Center (MIRECC)
2009-present Administrative Core Manager, VISN 5 Mental Illness Research, Education, and Clinical
Center (MIRECC)
2010-present Clinical Assistant Professor (Volunteer), Department of Psychiatry, University of
Maryland School of Medicine,

Professional Society Memberships

1988-present American Psychological Association
2007-present Association for Behavioral and Cognitive Therapies

Honors and Awards

2001-2002	George Mason University Graduate Fellowship
2003	High Pass, Oral Comprehensive Examinations, George Mason University
2006	American Psychological Association Student Travel Award
2006	Advanced Clinical Graduate Student Award, George Mason University
2011	H. McKee Jarboe Award for Outstanding Research in Psychiatry, Department of Psychiatry, University of Maryland School of Medicine

Administrative Service

Institutional Service

2006, 2010-2011	Co-Organizer, MIRECC Science Meeting
2009	Member, Planning Committee for Stigma: The Enemy Within Conference
2009-2011	Member, VA Mental Health Awareness Committee
2009-present	Psychology Internship Admissions Reviewer and Interviewer
2009-present	Member, VISN 5 MIRECC Steering Committee
2009-present	Administrative Core Manager, VISN 5 MIRECC
2009-present	Associate Editor, MIRECC Matters newsletter
2011-2012	Chair, Planning Committee for “Supporting the Mental Health of Women Veterans” Conference

Local and National Service

2009	Ad Hoc Reviewer, Criminal Behaviour and Mental Health
2008-2010	Member, VA National Recovery Advisory Committee
2009-2011	Associate Faculty Member, Faculty 1000 Medicine
2010-2010	Ad Hoc Reviewer, Behavior Modification
2010-2010	Ad Hoc Reviewer, Journal of Addiction Medicine
2008-present	Ad Hoc Reviewer, Schizophrenia Bulletin
2010-present	Ad Hoc Reviewer, Clinical Psychology Review
2010-present	Ad Hoc Reviewer, Social Psychiatry and Psychiatric Epidemiology
2010-present	Ad Hoc Reviewer, Criminal Justice & Behavior
2011-present	Ad Hoc Reviewer, Clinical Psychosis & Schizophrenia
2012-present	Ad Hoc Reviewer, Psychiatry Research

Teaching Service

2001-2002	Teaching Assistant, Research Methods Lab, George Mason University, 32 upper level undergraduate students
2004-2005	Instructor, Clinical Interviewing, George Mason University, 2 upper level undergraduate students
2006-2009	Seminar Co-Leader, Psychological Assessment, PGY-2 Psychiatry Residents, 10 psychiatry residents, 2 hours annually
2008-present	Co-presenter, “Postdoctoral Fellowship Panel Discussion”, VA/University of Maryland Internship Training Consortium, 13 psychology interns, 1.5 hours annually
2009	Presenter, “Working with Families of People with Serious Mental Illness”, VA/University of Maryland Internship Training Consortium, 13 psychology interns, 1.5 hours annually
2009-present	Supervisor, Intern Research Training Experience, VA/University of Maryland

2010 Psychology Internship Training Consortium, 1 psychology intern, 2-4 hours per month
Co-Presenter, “Internalized Stigma and Recovery”, VA/University of Maryland
Internship Training Consortium, 13, psychology interns, 1.5 hours

2010-2011 Presenter, “Internalized Stigma and Recovery”, VA Psychosocial Rehabilitation
Fellowship Seminar, ~15 fellows, 1.5 hours

2009-2011 Consultant, Social Skills Training for Persons with Serious Mental Illness, VISN 5
MIRECC, 4-6 psychology interns/externs and VA staff members, 24 hours annually

2011-present Presenter, “Internalized Stigma”, PGY-2 Psychiatry Residents, ~10 psychiatry residents,
1hour annually

Grant Support

Active Grants

7/1/11-12/31/14 (PI, 37.5%)
“Reducing Internalized Stigma in People with Serious Mental Illness”
HSR&D VA Merit Award
Annual Direct Costs: \$292,812
Total Direct Costs: \$874,774

2/7/11-12/31/2013 (Co-I, 15%) PI: A. Lucksted
“Ending Self-Stigma: Randomized Clinical Trial to Reduce Internalized
Stigma among People with SMI”
NIH/NIMH R01
Annual Direct Costs: \$246,209
Total Direct Costs: \$819,000

7/01/10-6/30/13 (Co-I, 15%) PI: A. Bellack
“Assessing Recovery in People with Serious Mental Illness”
RR&D VA Merit Award
Annual Direct Costs: \$248,796
Total Direct Costs: \$743,540

7/1/11-12/31/13 (Family Intervention Expert/Trainer; 5%) PI: Essock/Dixon
“Recovery After an Initial Schizophrenic Episode (RAISE)”
NIMH-HHS-271-2009-0020
Total Direct Costs: \$852,612

8/21/11-8/20/13 (Co-PI; 10%)
“Understanding the Needs for Family Planning and Contraceptive
Counseling among Women with Serious Mental Illness”
VISN 5 MIRECC pilot funding
Annual Direct Cost: \$24,589
Total Direct Costs: \$24,589

Completed Grants

1/1/08-12/31/09 (Co-I, 10%) PI: A. Lucksted
“Internalized Stigma Intervention Pilot”
VISN 5 MIRECC pilot funding

Total Direct Costs: \$48,200

01/01/09-12/31/10 (Co-I, 10%) PI: A. Lucksted
“Assessing Internalized Stigma in People with Serious Mental Illness”
VISN 5 MIRECC pilot funding
Total Direct Costs: \$ 48,721

9/1/08-8/31/10 (Co-I, 10%) PI: A. Bellack
“Assessing Recovery in People with Serious Mental Illness”
VISN 5 MIRECC pilot funding
Total Direct Costs: \$50,000

Publications

Peer-Reviewed journal articles

1. **Drapalski, A.L.**, Rosse, R.B., Peebles, R., Marvel, C.L., & Deutsch, S.I. (2001). Topiramate improved deficit symptoms in a patient with schizophrenia when added to his stable regimen of antipsychotic medication. *Clinical Neuropharmacology*, 24(5), 290-294.
2. Schwartz, B.L., Marvel, C.L., **Drapalski, A.L.**, Rosse, R.B., & Deutsch, S.I. (2002). Configural processing in face recognition in schizophrenia. *Cognitive Neuropsychiatry*, 7(1), 15-39.
3. Safer, M.A., Levine, L., & **Drapalski, A.L.** (2002). Distortion in memory for emotions: the contributions of personality and post-event knowledge. *Personality and Social Psychological Bulletin*, 28(11), 1495-1507.
4. Deutsch, S.I., Schwartz, B.L., Rosse, R.B., Mastropaolo, J., Marvel, C.L., & **Drapalski, A.L.** (2002). Adjuvant topiramate administration: A pharmacological strategy for addressing NMDA receptor hypofunction in schizophrenia. *Clinical Neuropharmacology*, 26(4), 199-206.
5. Wahl, O., Wood, A., Zaveri, P, **Drapalski, A.**, & Mann, B. (2003). Mental Illness Depiction in Children’s Films. *Journal of Community Psychology*, 31(6), 553-560.
6. Murray-Swank, A., Glynn, S., Cohen, A., Sherman, M., Medoff, D., Fang, L.J. **Drapalski, A.**, Dixon, L. B. (2007) Family contact, experience of family relationships, and views about family involvement in treatment among VA consumers with serious mental illness. *Journal of Rehabilitation Research and Development*, 44(6), 801-812.
7. **Drapalski, A.L.**, Marshall, T., Seybolt, D., Medoff, D., Peer, J., Leith, J. & Dixon, L.B. (2008). The Unmet Needs of Families of Individuals with Mental Illness and Preferences Regarding Family Services. *Psychiatric Services*, 59(6), 655-662.
8. **Drapalski, A.L.**, Milford, J., Goldberg, R., Brown, C., & Dixon, L.B. (2008). Perceived Barriers to Medical and Mental Health Care among Veterans with Serious Mental Illness. *Psychiatric Services*, 59, 921-924
9. Batten, S., **Drapalski, A.L.**, Decker, M., DeViva, J., Morris, L., Mann, M., & Dixon, L.B. (2009) Consumer Interest in Family Involvement in PTSD Treatment. *Psychological Services*, 6(3), 184-189.
10. **Drapalski, A.L.**, Youman, K., Stuewig, J., & Tangey, J. (2009). Gender differences in jail inmates’

symptoms of mental illness, treatment history and treatment seeking. *Criminal Behaviour and Mental Health*, 19(3), 193-206.

11. **Drapalski, A.L.**, Leith, J., & Dixon, L. (2009). Involving Families in the Care of Persons with Schizophrenia and Other Serious Mental Illnesses: History, Evidence, and Recommendations. *Clinical Schizophrenia & Related Psychosis*, 3(1), 39-49.
12. Youman, K., **Drapalski, A.L.**, Stuewig, J., Bagley, K., Tangney, J.P. (2010). Race differences in psychopathology and disparities in treatment seeking: Community and jail-based treatment seeking patterns. *Psychological Services*, 7(1), 10-26.
13. **Drapalski, A.L.**, Bennett, M., Bellack, A.S. (2011). Gender differences in substance use, consequences, motivation to change, and treatment seeking in people with serious mental illness. *Substance Use & Misuse*, 46(6), 808-818.
14. Lucksted, A., **Drapalski, A. L.**, Calmes, C., Forbes, C., DeForge, B., Boyd, J. (2011). Ending Self Stigma: Pilot evaluation of a new intervention to reduce internalized stigma among people with serious mental illnesses. *Psychiatric Rehabilitation Journal*, 35(1), 51-54.
15. **Drapalski, A.L.**, Medoff, D., Unick, G.J., Velligan, D., Dixon, L., Bellack, A.S. (2012). Assessing Recovery in People with Serious Mental Illness: Development of a New Scale. *Psychiatric Services*, 63(1), 48-53.
16. Bellack, A.L. & **Drapalski, A.** (2012). Issues and developments on the consumer recovery construct. *World Psychiatry*, 11 (3), 156-160.
17. **Drapalski, A.L.**, Lucksted, A., Perrin, P., Aakre, J., Brown, C., DeForge, B., Boyd, J. (in press). A model of internalized stigma and its effects on people with mental illness. *Psychiatric Services*.
18. Cohen, A., **Drapalski, A.L.**, Glynn, S.M., Medoff, D., Fang, L., Dixon, L.B. (in press). Preferences for family involvement in care by consumers with serious mental illness. *Psychiatric Services*.

Book Chapters

1. **Drapalski, A.L.**, Dixon, L.B. (2011). Programmes to support family members and carers. In G. Thornicroft, G. Szukler, K. Mueser, & R. Drake (Eds.), *Oxford Textbook of Community Mental Health*, 2nd Edition. Oxford: Oxford University Press.
2. **Drapalski, A.L.**, Dixon, L.B. (2012). Family Issues and Treatment. In J. Lauriello & S. Pallanti (Eds.), *The Clinical Manual of Schizophrenia*, 1st Edition. Arlington: American Psychiatric Publishing, Inc.

Abstracts and/or Proceedings

1. **Drapalski, A.L.**, Murray-Swank, A., Lucksted, A., Goldberg, R., Boyd Ritscher, J., Forbes, C., & Dixon, L. B. (2007). Internalized stigma and discrimination among consumers with SMI. *Schizophrenia Bulletin*, 33(2), 589.
2. **Drapalski, A. L.**, Medoff, D., Unick, G.J., Velligan, D., Dixon, L., & Bellack, A.S. (2011). Assessing Recovery in People with Serious Mental Illness. *Schizophrenia Bulletin*, 37 (supp. 1)

Invited Speeches

1. **Drapalski, A.L.** (October, 2009) *Understanding and Addressing Internalized Stigma*. The Enemy Within: The Impact of Stigma on the Recovery Process in Mental Health Conference. Baltimore, MD.
2. **Drapalski, A.L.** (July, 2009). *VA Social Skills Training for Serious Mental Illness*. Local Recovery Coordinator Pre-Conference; 3rd Annual VA Mental Health Conference, Meeting the Diverse Mental Health Needs of Veterans: Implementing the Uniform Mental Health Services Handbook. Baltimore, MD.
3. **Drapalski, A.L.** (August and September, 2010). *Social Skills Training*. Are You A Champion? Bringing Recovery to Inpatient Mental Health and Residential Rehabilitation Treatment Programs. Washington DC and Los Angeles, CA.

Proffered Communications

1. Safer, M.A., Levine, L., & **Drapalski, A.L.** (2000, May). *Circumstances, attributions, an individual differences affect memory for emotions*. Presented at the meeting of the Society for Applied Research on Memory and Cognition, Miami, Florida.
2. **Drapalski, A.L.**, Safer, M.A., & Levine, L. (2000, August). *Personality and the recall of pre-exam anxiety*. Presented at the meeting of the American Psychological Association, Washington, D.C.
3. **Drapalski, A.L.**, Marvel, C.L., & Schwartz, B.L. (2001, March). *Configural processing in facial recognition in schizophrenia patients*. Presented at the meeting of the British Psychological Society, Glasgow.
4. Deutsch, S.I., Rosse, R.B., Schwartz, B.L., Marvel, C.L., Dirks, B., **Drapalski, A.L.** (2002, May) *Effects of topiramate on clinical and cognitive symptoms in schizophrenia*. Presented at the meeting of the Society of Biological Psychiatry, Philadelphia, PA.
5. Zaveri, P., **Drapalski, A.**, & Wahl, O. (2003, March). Experiences of stigma and discrimination of people with epilepsy and mental illness. In O. Wahl (Chair), *Assessing and addressing mental illness stigma*. Presented at the meeting of the Eastern Psychological Association, Baltimore, Maryland.
6. Hastings, M., Stuewig, J., **Drapalski, A.**, Tangney, J. (2003, November). *Psychopathy, violence risk assessment, and the personality assessment inventory (PAI)*. Presented at the meeting of The American Society of Criminology, Denver, CO.
7. Zaveri, P., **Drapalski, A.L.**, & Tangney, J. (2005, August) *Changes in symptoms of mental illness during incarceration*. In J. Tangney (Chair), *Criminalization of the Mentally Ill? Inmates' Experiences of Mental Illness*. Presented at the meeting of The American Psychological Association, Washington, DC
8. Roop, L., **Drapalski, A.L.**, Stuewig, J., & Tangney, J. (2005, August) Perceived social support and posttraumatic stress disorder during incarceration. In J. Tangney (Chair), *Criminalization of the Mentally Ill? Inmates' Experiences of Mental Illness*. Presented at the meeting of The American Psychological Association, Washington, DC
9. **Drapalski, A.L.**, Zaveri, P., & Tangney, J. (2005, August) Symptoms of mental illness among jail

- inmates. In J. Tangney (Chair), *Criminalization of the Mentally Ill? Inmates' Experiences of Mental Illness*. Presented at the meeting of The American Psychological Association, Washington, DC.
10. Tangney, J.P., Stuewig, J., Furukawa, E., **Drapalski, A.**, & Youman, K. (2006, August). Moderators of Treatment Efficacy Among Jail Inmates. In J. Tangney (Chair), *Treatment Seeking, Treatment Access, and Treatment Efficacy Among Jail Inmates*. Presented at The American Psychological Association, Washington, D.C.
 11. Youman, K., Bagley, K., **Drapalski, A.L.**, Stuewig, J., & Tangney, J.P. (2006, August) Race Differences in Inmates' Psychological Treatment History and Treatment Seeking. In J. Tangney (Chair), *Treatment Seeking, Treatment Access, and Treatment Efficacy Among Jail Inmates*. Presented at The American Psychological Association, Washington, D.C.
 12. **Drapalski, A.L.**, List, J., Youman, K., Stuewig, J. & Tangney, J.P. (2006, August) Jail inmates' access to mental health treatment during incarceration. In J. Tangney (Chair), *Treatment Seeking, Treatment Access, and Treatment Efficacy Among Jail Inmates*. Presented at The American Psychological Association, Washington, D.C.
 13. **Drapalski, A.L.**, Youman, K., List, J., & Tangney, J. (2006, November). The impact of treatment utilization on inmates' mental health. In J. Stuewig (Chair), *Mental Illness as a Risk Factor for Substance Use, Incarceration, and Jail Misconduct*. Presented at The American Society for Criminology, Los Angeles, CA.
 14. **Drapalski, A.L.**, Murray-Swank, A., Lucksted, A., Goldberg, R., Boyd-Ritscher, J., Forbes, C., & Dixon, L. B.(2007, March). *Internalized stigma and discrimination among individuals with SMI*. Poster presented at the International Congress on Schizophrenia Research, Colorado Springs, CO.
 15. **Drapalski, A.L.**, Milford, J., Goldberg, R., Yang, Y., & Dixon, L.B. (2007, July). *Perceived Barriers to Mental Health and Medical Care among Veterans with Serious Mental Illness*. Poster presented at the Transforming Mental Health Care: Promoting Recovery and Integrated Care Conference, Alexandria, VA.
 16. Batten, S. V., **Drapalski, A.**, Decker, M., & Dixon, L. (2007, November). *Veterans' interest in having family members involved in PTSD treatment*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.
 17. **Drapalski, A.L.**, Marshall, T., Seybolt, D., Medoff, D., Peer, J., Leith, J., & Dixon, L.B. (2007, November). *Unmet Needs of Families of Adults with Mental Illness and Preferences for Addressing those Needs*. Poster presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
 18. **Drapalski, A. L.**, Milford, J., Goldberg, R., Yang, Y., & Dixon, L.B. (2007, November). *Perceived Barriers to Mental Health and Medical Care among Consumers with Serious Mental Illness*. Poster presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
 19. **Drapalski, A. L.**, Milford, J., Goldberg, R., Yang, Y., & Dixon, L.B. (2007, July). *Perceived Barriers to Mental Health and Medical Care among Veterans with Serious Mental Illness*. Poster presented at the National VA Mental Health Conference, Alexandria, VA.
 20. **Drapalski, A.L.**, Lucksted, A., Boyd, J., DeForge, B., & Goldberg, R. (2008, June). *Description and Preliminary Findings from a Group Intervention to Address Internalized Stigma among Veterans with*

- Schizophrenia*. Poster presented at the 33rd Annual U.S. Psychiatric Rehabilitation Association Conference, Chicago, Illinois.
21. Bellack, A.S., **Drapalski, A.**, Medoff, D. (2010, April). *Assessing Recovery in People with Serious Mental Illness*. Poster presented at the 2nd Biennial Schizophrenia International Research Society Conference, Florence, Italy.
 22. Boyd, J., **Drapalski, A.**, Lucksted, A. (2010, August & September). *Strategies to Overcome Internalized Stigma. Are You A Champion? Bringing Recovery to Inpatient Mental Health and Residential Rehabilitation Treatment Programs*. Washington DC and Los Angeles, CA.
 23. Stuewig, J., **Drapalski, A.L.**, Youman, K., Durbin, K., & Tangney, J. (2011, June). Changes in symptoms of mental illness among jail inmates across the period of incarceration. Paper presented at the Second North American Correctional and Criminal Justice Psychology Conference, Washington DC.
 24. **Drapalski, A.L.**, Bellack, A., Medoff, D., Unick, J., Velligan, D., Dixon, L. (2011, April). *Assessing Recovery in People with Serious Mental Illness*. Poster presented at the International Congress on Schizophrenia Research, Colorado Springs, CO.
 25. **Drapalski, A.** Lucksted, A., Perrin, P., Lertch, E., Aakre, J., DeForge, B., & Boyd, J. (2011, August). *Internalized Stigma and Associated Features in People with Serious Mental Illness*. Poster Presented at the 3rd Annual VA Mental Health Conference, Baltimore, MD.
 26. Dixon, L., **Drapalski, A.**, Glynn, S., Cohen, A., & Medoff, D. (2012, June). *The Effectiveness of Shared Decision Making for Persons with Mental Illness in Promoting Recovery and Family Involvement in Care*. Poster presented at Academy Health Annual Conference, Orlando, FL.
 27. **Drapalski, A.L.**, Lucksted, A., Perrin, P., Aakre, J., Brown, C., DeForge, B., Boyd, J. (2012, November). *Modeling Internalized Stigma and Its Effects among People with Serious Mental Illness*. Poster presented at the 46th Annual Association for Behavioral and Cognitive Therapies Conference. National Harbor, MD