

Curriculum Vitae

CATHERINE M. REICH

VISN 5 Mental Illness Research, Education, and Clinical Center
VA Maryland Health Care System, Baltimore, MD

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EDUCATION

Postdoctoral Fellow, current

VISN 5 Mental Illness Research, Education, and Clinical Center
VA Maryland Health Care System, Baltimore, MD

Ph.D. in Clinical Psychology, 2015

The University of Memphis, Memphis TN

Dissertation: Are Psychotherapies with More Dropout Also Less Effective?

Chair: Jeffrey S. Berman, Ph.D.

Psychology Intern, 2015

Washington DC VA Medical Center, Washington DC

Masters of Science, Clinical Psychology, 2011

The University of Memphis, Memphis TN

Thesis: Do Reflective Responses by the Therapist Improve Psychotherapy Outcome?

Chair: Jeffrey S. Berman, Ph.D.

Bachelor of Arts, Psychology with Honors, 2008

Elizabethtown College, Elizabethtown, PA

HONORS AND AWARDS

| | |
|-------------|--|
| 2013 | Tennessee Counseling Association Poster Winner |
| 2009 & 2011 | Research Travel Award, The University of Memphis |
| 2009 | The University of Memphis Graduate Student Coordinating Committee Research Award |
| 2006–2008 | College Scholar |
| 2004–2008 | Provost Scholarship |

PUBLICATIONS

Levitt, H. M., Minami, T., Greenspan, S., Puckett, J. A., Henretty, J. R., **Reich, C. M.**, & Berman, J. S. (2015). How therapist self-disclosure relate to outcome and alliance: A naturalistic study. *Counseling Psychology Quarterly*. Advanced online publication. doi:10.1080/09515070.2015.1090396

- Reich, C. M.**, Blackwell, N., Simmons, C. A., & Beck, J. G. (2015). Social problem solving strategies and posttraumatic stress disorder in the aftermath of intimate partner violence. *Journal of Anxiety Disorders*, *32*, 31–37. doi:10.1016/j.janxdis.2015.02.007
- Beck, J. G., Jones, J. M., **Reich, C. M.**, Woodward, M. J., & Cody, M. W. (2015). Understanding the role of dysfunctional posttrauma cognitions in the co-occurrence of Posttraumatic Stress Disorder and Generalized Anxiety Disorder: Two trauma Samples. *Behaviour Research and Therapy*, *70*, 23–31. doi:10.1016/j.brat.2015.04.011
- Reich, C. M.**, Howard, K. M. S., & Berman, J. S. (2015). A motivational intervention for the classroom. *Teaching of Psychology*, *42*, 339–344. doi:10.1177/0098628315603250
- Reich, C. M.** & Berman, J. S. (2015). Do financial literacy classes help? An Experimental Assessment in a Low-Income Population. *Journal of Social Service Research*, *41*, 193–203. doi:10.1080/01488376.2014.977986
- Beck, J. G., **Reich, C. M.**, Woodward, M., Jones, J. M., Olsen, S. A., & Patton, S. C. (2015). How do negative emotions relate to dysfunctional posttrauma cognitions? An examination of interpersonal trauma survivors. *Psychological Trauma: Theory, Research, Practice, and Policy*, *7*, 3–10. doi:10.1037/a0032716
- Reich, C. M.**, Berman, J. S., Dale, R., & Levitt, H. M. (2014). Vocal synchrony in psychotherapy. *Journal of Social and Clinical Psychology*, *33*, 481–494. doi:10.1521/jscp.2014.33.5.481
- Reich, C. M.**, McNiff, J., Woodward, M. J., Blackwell, N., Lindsey, L., & Beck, J. G. (2014). Does self-blame moderate psychological adjustment following intimate partner violence? *Journal of Interpersonal Violence*, *30*, 1–18. doi:10.1177/0886260514540800
- Woodward, M., Patton, S. C., Olsen, S. A., Jones, J. M., **Reich, C. M.**, & Beck, J. G. (2013). How do attachment style and social support contribute to women's psychopathology following intimate partner violence? Examining clinician ratings versus self-report. *Journal of Anxiety Disorders*, *27*, 312–320. doi:10.1016/j.janxdis.2013.02.007
- Berman, J. S. & **Reich, C. M.** (2010). Investigator allegiance and the evaluation of psychotherapy outcome research. *European Journal of Psychotherapy and Counselling*, *12*[Special Issue], 11–21. doi:10.1080/13642531003637775

MANUSCRIPTS SUBMITTED

- Reich, C. M.** & Berman, J. S. (2015). *Do reflective responses by the therapist improve psychotherapy outcome?* Manuscript submitted for publication.

PAPER PRESENTATIONS

Reich, C. M., Berman, J. S., Battles, M. B., Levitt, H. M., Mathews, S. S., Barrett, M. S., Barber, J. P., & Holmes, M. K. (2013, October). Verbal synchrony in psychotherapy sessions: Does it predict therapeutic alliance or treatment outcome? In J. S. Berman (Chair), *Conversational Dynamics in Psychotherapy: Relationships with Therapeutic Alliance and Treatment Outcome*. Symposium presented at the meeting of the North American Society for Psychotherapy Research, Memphis, TN.

Spencer, L. A. **Reich, C. M.**, Berman, J. S., Dale, R., Levitt, H. M., & Mathews, S. S. (2013, October). Speech rate synchrony and psychotherapy process and outcome. In J. S. Berman (Chair), *Conversational Dynamics in Psychotherapy: Relationships with Therapeutic Alliance and Treatment Outcome*. Symposium presented at the meeting of the North American Society for Psychotherapy Research, Memphis, TN.

Battles, M. B., **Reich, C. M.**, Berman, J. S., Levitt, H. M., Mathews, S. S., Barrett, M. S., Barber, J. P., & Holmes, M. K. (2013, October). When psychotherapists do not say much: The relationship between verbal acknowledgers and treatment process and outcome. In J. S. Berman (Chair), *Conversational Dynamics in Psychotherapy: Relationships with Therapeutic Alliance and Treatment Outcome*. Symposium presented at the meeting of the North American Society for Psychotherapy Research, Memphis, TN.

Reich, C. M. & Berman, J. S. (2009, October). *Do reflective responses by the therapist improve psychotherapy outcome?* Paper presentation at the meeting of the Mid-Atlantic Society for Psychotherapy Research, Philadelphia, PA.

POSTER PRESENTATIONS

Reich, C. M., Blackwell, N., Simmons, C. A., & Beck, J. G. (2014, November). *Social Problem Solving Strategies and Posttraumatic Stress Disorder in the Aftermath of Intimate Partner Violence*. Poster accepted at the annual meeting for the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Cody, M. W., Jones, J. M., **Reich, C. M.**, Woodward, M. J., Henschel, A., Presley, M., & Beck, J. G. (2014, November). *Dysfunctional Posttraumatic Cognitions and PTSD-GAD Comorbidity in Trauma Survivors: Does Gender Matter?* Poster accepted at the annual meeting for the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Henschel, A. V., Jones, J. M., **Reich, C. M.**, Cody, M. W., Woodward, M. J., Presley, M. L., & Beck, J. G. (2014, November). *How does self-blame and perceived control associate with Mental Health Problems: An examination across trauma types*. Poster accepted at the annual meeting for the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

- Reich, C. M.**, Berman, J. S., Dale, R., Levitt, H. M., & Mathews, S. S. (2013, October). *Are psychotherapist interruptions related to the process or outcome of therapy?* Poster presented at the meeting of the North American Society for Psychotherapy Research, Memphis, TN.
- Reich, C. M.**, Berman, J. S., Spencer, L. A., Levitt, H. M., Mathews, S. S., Barrett, M. S., Barber, J. P., & Holmes, M. K. (2013, October). *Psychotherapist disfluencies, therapeutic alliance, and treatment outcome.* Poster presented at the meeting of the North American Society for Psychotherapy Research, Memphis, TN.
- Tripp, J. C., McDevitt-Murphy, M. E., Avery, M. L., & **Reich, C. M.** (2013, October). *Physical health problems as a predictor of readiness to change alcohol misuse in OEF/OIF veterans before and after a brief intervention.* Poster presented at the meeting of the North American Society for Psychotherapy Research, Memphis, TN.
- Avery, M. L., McDevitt-Murphy, M. E., **Reich, C. M.**, & Tripp, J. C. (2013, October). *Prospective relations between PTSD and postdeployment social support following intervention in OEF/OIF veterans.* Poster presented at the meeting of the North American Society for Psychotherapy Research, Memphis, TN.
- Schaeffer, M., **Reich, C. M.**, & Ovrebo, E. (2013, November). *Sexual orientation and suicidality: Linguistic analysis of online forum posts.* Poster presented at the meeting of the Tennessee Counseling Association, Murfreesboro, TN.
- Tripp, J. C., McDevitt-Murphy, M. E., Avery, M. L., & **Reich, C. M.** (2013, November). *Combat exposure and PTSD as predictors of suicidal ideation in OEF/OIF veterans.* Poster presented at the annual meeting for the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Avery, M. L., McDevitt-Murphy, M. E., **Reich, C. M.**, Tripp, J. C. & Smith, M. N. (2013, November). *The impact of emotion regulation on temperament and PTSD in childhood trauma survivors.* Poster presented at the annual meeting for the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Reich, C. M.**, McNiff, J., Woodward, M. J., Blackwell, N., Lindsey, L., & Beck, J. G. (2012, November). *PTSD and self-esteem among intimate partner violence survivors: Exploring the role of self-blame.* Poster presented at the annual meeting for the Association for Behavioral and Cognitive Therapies, Baltimore, MD.
- Woodward, M., Patton, S. C., Olsen, S. A., McNiff, J., **Reich, C. M.**, & Beck, J. G. (2012, November). *How do attachment style and social support contribute to psychopathology? Examining clinician ratings versus self-report.* Poster presented at the annual meeting for the Association for Behavioral and Cognitive Therapies, Baltimore, MD.

- Jacobs-Lentz, J., **Reich, C. M.**, McDevitt-Murphy, M. E., & Avery, M. L. (2012, November). *Negative coping styles mediate the relation between alexithymia and posttraumatic stress in trauma-exposed college students*. Poster presented at the annual meeting for the Association for Behavioral and Cognitive Therapies, Baltimore, MD.
- Bracken-Minor, K. L., Monahan, C. J., **Reich, C. M.**, & McDevitt-Murphy, M. E. (2012, November). *Drinking motives mediate the relation between posttraumatic stress and alcohol consequences in a sample of trauma-exposed college students*. Poster presented at the annual meeting for the Association for Behavioral and Cognitive Therapies, Baltimore, MD.
- Greenspan, S. B., Levitt, H. M., Surace, F.I., **Reich, C. M.**, Matthews, S. S., Berman, J.S., (2012, August). *Emotion in psychotherapy: An exploration within a naturalistic database*. Poster presented at the annual meeting of American Psychological Association, Orlando, FL.
- Reich, C. M.**, Berman, J. S., Dale, R., Levitt, H. M., & Mathews, S. S. (2011, September). *Is it useful to analyze language in psychotherapy at the level of words?* Poster presented at the meeting of the North American Society for Psychotherapy Research, Banff, Alberta, Canada.
- Levitt, H. M., Henretty, J. R., **Reich, C. M.**, Puckett, J. A., Greenspan, S., Berman, J. S., & Mathews, S. S. (2011, September). *How forms of early therapist self disclosure influence change: A naturalistic database analysis*. Poster presented at the meeting of the North American Society for Psychotherapy Research, Banff, Alberta, Canada.
- Reich, C. M.**, Berman, J. S., Dale, R., Levitt, H. M., & Mathews, S. S. (2011, September). *Is it useful to analyze language in psychotherapy at the level of words?* Poster presentation at the annual meeting of the Association for Psychological Science, Washington, DC.
- Reich, C. M.** & Lemley, C. (2008, May). *Auditory inattention in ADHD: Parallels with unilateral neglect*. Poster presentation at the annual meeting of the Association for Psychological Science, Chicago.

RESEARCH EXPERIENCE

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| 2015-present | VISN 5 Mental Illness Research, Education, and Clinical Center VA Maryland Health Care System, Baltimore, MD Supervisor: Melanie Bennett, Ph.D. |
| 2008–2014 | Psychotherapy Research Lab The University of Memphis, Department of Psychology Supervisor: Jeffrey S. Berman, Ph.D. |

- 2013–2014 **Trauma Research and Recovery Lab**
The University of Memphis, Department of Psychology
Supervisor: J. Gayle Beck, Ph.D.
- 2011–2013 **Trauma and Coping Research Group**
The University of Memphis, Department of Psychology and the
Memphis VA Medical Center
Supervisor: Meghan McDevitt-Murphy, Ph.D.
- 2009–2010 **Accelerated Community Oncology Research Network**
Memphis TN
Supervisor: Mark Walker, Ph.D.
- 2007 **Behavioral Neuroscience Lab**
University of Maryland Medical School, Department of Physiology
Supervisor: Margaret M. McCarthy, Ph.D.

TEACHING EXPERIENCE

- 2011–2012 **Course Instructor**
The University of Memphis, Department of Psychology

Psychology of Personality (3 credits; 119 undergraduate students)
- 2011-2012 **Guest Lecturer**
The University of Memphis, Department of Psychology

Can the Effects of Psychotherapy be Understood by Examining the Language and Vocal Qualities of Therapists and Clients? Invited presentation at the psychotherapy area meeting

Personality and Personality Disorders Invited presentation given in an honors undergraduate level section of abnormal psychology

Clinical Supervision: Research and Practice Invited presentation given in a graduate level professional issues class
- 2008-2011 **Honors Undergraduate Thesis Supervisor**
The University of Memphis, Department of Psychology

Student: Megan Battles (2011) *The Impact of Conversational Acknowledgers on Perceptions of Psychotherapists*

Student: Nia Dowell (2009) *The Effect of Therapist Nonverbal Behavior on Client Perceptions*

CLINICAL EXPERIENCE

- 2014 **Clinical Supervisor**
Washington DC VA Medical Center
Supervision of extern students in the Psychosocial Rehabilitation and Recovery Center for veterans with severe mental illness
Supervisors: Parin Zaveri, Ph.D. and Melanie Paci, Psy.D.
- 2014-2015 **Psychology Intern**
Washington DC VA Medical Center
Psychosocial Rehabilitation and Recovery Center for veterans with severe mental illness therapist
Supervisors: Parin Zaveri, Ph.D. and Melanie Paci, Psy.D.
- Polytrauma Neuropsychological Assessor*
Supervisor: Kelly McCarron, Psy.D.
- Trauma Services Clinician*
Supervisor: Ranon Cortell, Ph.D.
- Palliative Care and Hospice*
Supervisor: Chanda Corbett, Ph.D.
- 2013–2014 **Examiner and Therapist, The Athena Project for Survivors of Intimate Partner Violence**
The University of Memphis, Department of Psychology
Supervisor: J. Gayle Beck, Ph.D.
- 2012–2013 **Examiner and Therapist, Trauma and Coping Research Group**
Memphis VA Medical Center and The University of Memphis
Supervisor: Meghan McDevitt-Murphy, Ph.D.
- 2011 **Therapist, Grief and Loss Clinic**
The University of Memphis, Department of Psychology
Supervisor: Robert Neimeyer, Ph.D.
- 2010–2011 **Clinical Examiner, Behavioral Science Consulting**
Private Practice, Memphis, TN
Supervisor: William Fulliton, Ph.D.

2009–2013 **Therapist and Assessor, Psychological Services Center**
 The University of Memphis, Department of Psychology
 Supervisors: Heidi Levitt, Ph.D., Meghan McDevitt-Murphy, Ph.D.,
 James Whelan, Ph.D., James Murphy, Ph.D., Brook Marcks, Ph.D.,
 John Leite, Ph.D.

SERVICE

2013 Curriculum Committee, Department of Psychology, The University
 of Memphis

2013 Student Volunteer for the North American Society for Psychotherapy
 Research Conference

2010 Poster Judge, Mid-South Psychology Conference, Memphis TN

2009–2010 Historian and Archivist, Graduate Student Coordinating Committee,
 The University of Memphis

2009 Assisted with Counselors Out of the Center on National Day Without
 Stigma, The University of Memphis

PROFESSIONAL MEMBERSHIPS

2012–2014 Association for Behavioral and Cognitive Therapies

2006–2014 Association for Psychological Science

2008–2014 Society for Psychotherapy Research

2008–2014 Society for a Science of Clinical Psychology

2009–2013 Tennessee Psychological Society

REVIEWS

Psychotherapy Research (Independent reviewer)
 Mental Health Law & Policy Journal (Independent reviewer)
 Journal of Anxiety Disorders (Supervised by J. Gayle Beck, Ph.D.)
 Journal of Clinical Psychiatry (Independent reviewer)