

SOCIAL SKILLS TRAINING GROUP STARTING SOON



What is Socials Skills Training?

In Social Skills Training groups, we will talk about and practice new ways of communicating with other people. Each group member also is supported in moving forward with a personal goal of their choice. The main way group members practice new skills is through role plays (pretending to be in a particular situation and acting it out) and getting positive, helpful feedback from the group. We hope you consider joining this very fun and positive group!

HOW DO I KNOW IF I MAY BE ELIGIBLE FOR THIS GROUP?

Veterans who are enrolled in the PRRC who have a diagnosis of schizophrenia, schizoaffective disorder, bipolar disorder or treatment refractory depression are potentially eligible for this group.

HOW TO GET INVOLVED: Contact the Group Leader(s) –
Dr. Smith (222) 555-8989 or Ms. Guy, LCSW, (222) 555-9999

WHERE: PRRC, 3rd Floor, 305 Group Room

WHEN: Tuesdays (day of the week) at 11:00-12:15pm