

Group Session SST 4 Transcript

CINDY: How about you, Kate?

KATE: Okay.

MAN: She's a good volunteer.

KATE: Yeah, I'm volunteering. Yeah, I'll volunteer.

CINDY: I directed you.

KATE: Okay. Hi, Becky.

BECKY: Hi, Kate.

CINDY: Give me an idea of what the scenario is.

BECKY: Yeah.

KATE: Well, like --

BECKY: Is there a situation that might come up, maybe?

CINDY: Yeah, especially if you have a real-life one, you know, that's even better.

KATE: Well, I was just sitting here, thinking about the McDonald's/Burger King -- that's a real short, brief thing.

CINDY: Short, sweet, to the point.

KATE: Mm-hmm.

CINDY: We can do that.

KATE: And it's about speaking up for myself and --

CINDY: Yeah, and -- okay, I know you say you'd like to practice that.

KATE: Right.

CINDY: Okay. All right, let's try it. People, I'm not going to assign feedback, because I know you guys will just jump in there. So pay close attention to all four steps.

BECKY: So, tell me, what am I --

KATE: You're my sister. And we're driving down to Delaware, and I'm trying to talk you into stopping at Burger King.

BECKY: But I want McDonald's? Or is that -- or what is my viewpoint?

KATE: Uh, well, yeah, you want McDonald's, but I want Burger King.

BECKY: Okay.

CINDY: Okay.

BECKY: And what -- okay, do you know what the compromise is?

KATE: Yeah, we're going to get Burger King.

[All laughing]

BECKY: But remember, it's compromising!

KATE: Okay, all right, we'll stop at the next one.

BECKY: That's your compromise. Okay, I just want to make sure.

CINDY: Let's try it.

BECKY: Okay. All right. Hi, Kate.

KATE: Hi, Becky. Uh, I'm really hungry. I'd really like to stop at Burger King.

BECKY: Burger King? Oh, we ate there before, and, you know, I -- actually, I have a big yearning for McDonald's. I want the fries.

KATE: So you'd like McDonald fries?

BECKY: Yeah, yeah, I love them.

KATE: Better than Burger King?

BECKY: [Laughs] Yeah, I do.

KATE: Okay, well, how about if, this time, we stop at McDonald's, but then the next rest stop, we'll stop at Burger King?

BECKY: That's a good idea.

KATE: Okay?

BECKY: Why don't we do that?

KATE: Okay.

BECKY: Great.

KATE: Promise? No.

[Applause]

CINDY: Kate wants it in writing.

BECKY: Good job!

CINDY: "Sign right here." Okay, so what did you like here?

MAN: It was brief and to the point.

CINDY: Brief and to the point, nice.

COLIN: She kept it brief, but she got everything in.

CINDY: Mm-hmm, mm-hmm.

MAN 1: Plus, they were willing to compromise.

KATE: I didn't get Burger King.

MAN 1: No, you kept --

BECKY: But you were willing -- you said, "willing." That's a key word.

PHIL: She said that they had already gone to Burger King, so she was trying to get Burger King again, right? Go right past all those McDonald's.

BECKY: What was the compromise? What was the compromise?

CINDY: Yeah, what was the compromise?

BECKY: How about from some people over here?

MAN 2: She decided to go to McDonald's with you, but the next time you would stop, you would go to Burger King.

PHIL: In road trips, you have to stop a lot, you know, so --

CINDY: So you know it's going to roll around.

PHIL: Yeah.

CINDY: Nice.

BECKY: Good job. Nice job.

CINDY: You know we do these three times.

KATE: Oh, okay.

CINDY: So, Take 2.

KATE: Okay. Hi, Becky.

BECKY: Hi, Kate.

KATE: I'm really hungry. Aren't you hungry?

BECKY: Yeah, I'm starving.

KATE: For McDonald's?

BECKY: For McDonald's? Um, you know, I actually -- Yeah, you're right, I do like McDonald's. But, you know, I actually was thinking Burger King might be something that we could go to, and stop and have lunch there.

KATE: But we just passed Burger King.

BECKY: I still like Burger King.

KATE: Okay, even though I like McDonald's better, um, let's, let's go to the next Burger King.

BECKY: Okay.

KATE: Okay.

BECKY: Stop.

[Applause]

CINDY: What happened with that?

[Laughter and applause]

CINDY: What did you like about it?

JOE: I like her humor. She was very pleasant, you know.

CINDY: Very pleasant, yes.

JOE: And I think, you know, that has a lot to do with compromising, you know. You know, not having a short fuse and not get in your way or anything like that.

CINDY: That's really a good point. You've got to be kind of, like, you know, roll with it. If you like this other person -- this was her sister -- you know, she's going to roll with it, a little bit. So that was nice.

MAN 2: I was noticing, she didn't suggest a compromise, though. She just was willing to go along with her and go to McDonald's.

MAN: That was the compromise.

MAN 2: That was the compromise? Yeah, but she didn't ask for anything -- in other words, first she said she wanted to go to McDonald's and *she* wanted to go to Burger King. But then she said, "Okay, we won't go to McDonald's. We'll go to Burger King."

CINDY: So what did you really like about it?

MAN 2: It was good -- I mean, it was okay, I mean, there was no fussing, no --

CINDY: So it was pleasant.

MAN 2: Right, right.

CINDY: Nice tone of voice.

MAN 2: Uh-huh.

CINDY: Okay.

PHIL: Does that always have to be a part of the compromise, that, you know, you're going to get something? You know, part of the compromise is just that, you know, you would agree to do it the way *they* wanted to --

MAN 2: And just leave it at that.

KATE: Yeah, but, no, if you're always giving in...

MAN 2: Right.

PHIL: But, I mean, but it's that -- I mean, I know that's always, like, you know, the passive side, you know, always giving in, but --

KATE: To my sister. I want to win one of these times to my sister.

MAN 2: That's what I was saying.

PHIL: I mean, but do we always have to --

BECKY: Then we'll do that. Then, for the next role-play --

PHIL: Do we always have to put that in there?