

Group Session SST 6 Transcript

CINDY: So, let's try it again. Now, this time, Garry, would you watch out for number one? Watch how Joe expresses his point of view. See if he keeps it brief, okay? Okay. And, two, let's see, Don, could you do two? See if he's listening. If he can repeat back what she wants. And how about the compromise? Colin. All right. Let's try it. Okay?

BECKY: Okay, so.

JOE: Hi, Becky, how you doing, sweetheart?

BECKY: Hi, Joe, I'm doing good.

JOE: You know, I wanted to say something to you. You know, we've been dating now for the last six weeks, you know, and it seems like every Friday, we have fish for dinner. You know, and to tell you the truth, hon, I really don't like fish.

BECKY: Really?! That's my favorite.

JOE: I've kind of been doing it to impress you, you know, because I really like you, and I want to be a part of your life, you know.

BECKY: Well, thank you for doing that. And I really like fish. And I still want to eat fish.

JOE: Can I suggest a compromise? Maybe we can go to a buffet where we can have a variety of foods, you know. This way, you can have your fish and I can have my tacos and enchiladas?

BECKY: I'm all for that. Why don't we do that?

JOE: Okay, thank you.

BECKY: Okay, good!

[Applause]

CINDY: Nice. Okay, Garry, how did he do with explaining his viewpoint?

GARRY: He told her that over the six or eight weeks together, she wanted to eat fish, but he don't like fish.

CINDY: Did he keep it brief, though?

GARRY: Yes, ma'am.

CINDY: He did. He did. And great eye contact. Very nice, too -- very suave. Kate?

KATE: I think maybe -- this is just my opinion -- I think maybe you could have been a little briefer. And that way, you would have left out a little bit of the emotion that you have attached to the situation. You know, if he just said, "How about this Friday, we go to a different restaurant?" Instead of divulging all this information about, "Well, we've been dating for six weeks, and, sweetheart, I really like you." I think he went overboard a little bit too much.

CINDY: What did you like about it, though?

KATE: I liked the fact that he had a nice tone.

CINDY: Very nice tone.

KATE: Nice tone, caring tone. You had eye contact with her, and you sounded very

loving.

BECKY: Yeah, that's very true.

CINDY: Yeah, and not just like, "I'm tired of fish," you know. I thought it was very nice.

PHIL: I think that's why, you know, like, where you said you think he went overboard with that, I think he was, you know, trying to make sure the situation didn't -- that she didn't take it the wrong way. Because, obviously, she really likes fish, right? And it's like, if I'm going to say, "Let's do tacos instead of fish," you know, I don't want her to say, "Okay, well, I'm going to do my fish with Sam." So, I want to, you know, keep her knowing that, you know, I like you, and I want you -- and to spend time with you -- with your fish, but I also want tacos, okay? You know. You know, I don't want this to -- I don't want to part the Red Sea, I just want have a taco.

BECKY: Alfred, do you have a comment?

ALFRED: The way I would do it is like a marriage. Whoever the maddest win. And that would be a good solution. That way, no hard feelings.

CINDY: Okay.

BECKY: Well, the compromise was emerging.

CINDY: It was nice. It was a very nice compromise. I thought it was excellent.