

**Social Skills
Training Group
Handouts**

Social Skills

Locating Your Missing Belongings

- Step 1.** Ask yourself these questions:
- a. When did I have it last?
 - b. Was there anyone around me at that time?
- Step 2.** Take some time to look carefully for the item you cannot find.
- Step 3.** If you still have not found the item, ask someone for help. Say something like “Have you seen my____? I am looking for it.”

Social Skills

What to Do If You Think Somebody Has Something of Yours

- Step 1.** Using a calm voice, ask the person if they have the item.
Do not accuse the person.
- Step 2.** Listen to the person's answer.
- Step 3.** If you are not satisfied with their answer, ask a staff person or someone you trust for help.

Social Skills

Asking for Privacy

- Step 1.** Identify the person you need to talk to about getting privacy.
- Step 2.** Choose the right time and place.
- Step 3.** Explain to the person that you need some private time.
- Step 4.** Tell the person of a time period when you will need privacy.

Social Skills

Checking Out Your Beliefs

- Step 1.** Choose a person you trust to talk to.
- Step 2.** Tell the person what your belief is.
- Step 3.** Ask the person what their opinion is.
- Step 4.** Repeat back the opinion, and thank the person for their point of view.

Social Skills

Reminding Someone Not to Spread Germs

- Step 1.** Look at the person.
- Step 2.** Tell the person how they are spreading germs: *Be specific.*
- Step 3.** Suggest what the person can do differently.
- Step 4.** Thank the person if they follow your suggestion. If your suggestion is not followed, tell someone in charge.

Social Skills

Eating and Drinking Politely

- Step 1.** Take your time and check the temperature of the food or drink.
- Step 2.** Take small bites or sips and chew all food thoroughly.
- Step 3.** Swallow what is in your mouth before speaking.
- Step 4.** Use a napkin to wipe hands and mouth.