Always ask questions 1 and 2.

1. Have you wished you were dead or wished you could go to sleep and not wake up?
   Talk to a healthcare professional

2. Have you actually had any thoughts about killing yourself?
   Talk to a healthcare professional

If YES to 2, ask questions 3, 4, 5 and 6. If NO to 2, skip to question 6.

3. Have you been thinking about how you might do this?
   Dial 988 and press 1

4. Have you had these thoughts and had some intention of acting on them?
   Call 911*

5. Have you started to work out or worked out the details of how to kill yourself?
   Did you intend to carry out this plan?
   Call 911*

Always Ask Question 6

6. Have you done anything, started to do anything, or prepared to do anything to end your life?
   Examples: Took pills, tried to shoot yourself, cut yourself, tried to hang yourself, took out pills but didn't swallow any, held a gun but changed your mind or it was grabbed from your hand, went to the roof but didn't jump, collected pills, obtained a gun, gave away valuables, wrote a will or suicide note, etc.
   If yes, was this within the past 3 months?
   Dial 988 and press 1

*STAY WITH THEM UNTIL THEY CAN BE EVALUATED.