National Community-Based Outpatient Clinic (CBOC) Mental Health (MH) Grand Rounds: Needs of CBOC and Rural Mental Health Providers Checklist

This checklist will help CBOC MH Grand Rounds presenters tailor their presentation slides to a rural and CBOC provider audience. Check your slides for inclusion of as many of these items as possible before submission to the program coordinator for accreditation.

Background on CBOCs

- CBOCs often lack resources compared to VA medical centers. CBOCs do not offer services such as inpatient, chaplain, and specialized ancillary services.
- CBOCs can be small with few staff or larger than some medical centers. Sometimes, general practitioners and a mental health provider are the only ones available to deliver evidence-based psychotherapies and other services.
- CBOCs often serve as “one-stop shops” for VA care. Having knowledge of specialty or infrequently used programs is important for providers.

CBOC Inclusion Checklist

☐ Actionable tips are specified for providers to incorporate the skills learned in your webinar?

☐ It is discussed how providers can implement the skills learned in your webinar without a full support staff or limited available appointments?

☐ The most fundamental takeaways providers should know about your program or therapy to help Veterans are highlighted?

☐ Case scenarios and examples are tailored to a rural and CBOC provider audience? This includes having a CBOC serve as the setting and excludes medical center specialized services and positions that are unavailable in CBOCs.

☐ CBOC providers may have little time for training, particularly face-to-face. If applicable, does your program or therapy offer V-tel/telephone consultation, emails, on-demand videos/e-learning, etc.?

☐ Some rural and CBOC providers have little access to private sector resources in their community. If applicable, describe how your program or therapy works around this constraint.

☐ End your webinar with practical strategies rural and CBOC providers can use to implement your program or therapy. Our “Tips for Rural and CBOC Providers” PowerPoint slides may be inserted in your presentation to serve this purpose.