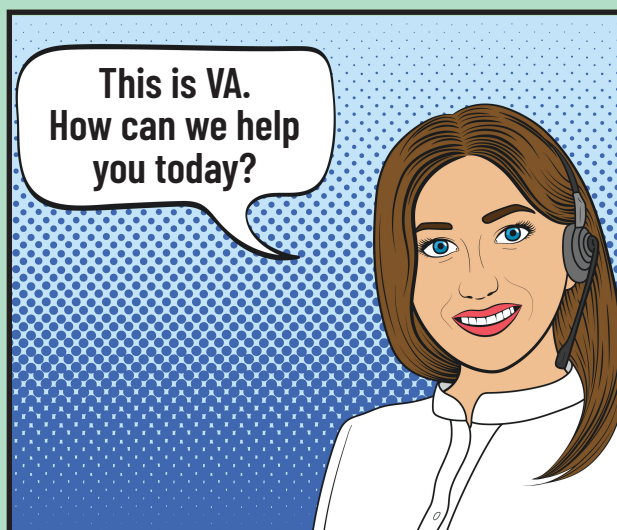


As Woman Veterans, we can get the support we need to stay physically and mentally healthy!



VA has several services to support sexual health for Women Veterans. We're here for you!



VA RESOURCES

SEXUAL HEALTH:

Women Veterans Health Care Sexual Health Resources

- <https://www.womenshealth.va.gov/WOMENSHEALTH/topics/sexual-health.asp>

PrEP Resources

- <https://www.hiv.va.gov/>
- <https://www.hiv.va.gov/pdf/HIV-PrEP-Factsheet-508.pdf>

OVERALL WELL-BEING:

Women Veterans Health Care

- Women Veterans Health Care Home (<https://www.womenshealth.va.gov/>)

Women Veterans Call Center

- 855-VA-WOMEN (Call or text)
- Online chat available here: <https://www.womenshealth.va.gov/wvcc.asp>

LGBTQ+ Resources (including gender affirming care)

- <https://www.patientcare.va.gov/LGBT/>

Veterans Crisis Line

- Dial 988, Press 1, OR Text 838255

Intimate Partner Violence Assistance Program (IPVAP)

- <https://www.socialwork.va.gov/IPV/Index.asp>

Military Sexual Trauma (MST) Resources

- <https://www.mentalhealth.va.gov/mst>

SEXUAL HEALTH FOR WOMEN VETERANS



VA has services to support your sexual health and your overall well-being. It's a safe space and confidential.



VA

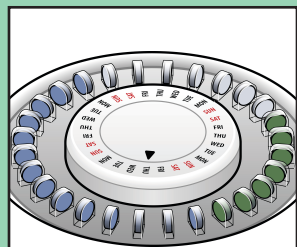


U.S. Department of Veterans Affairs
Veterans Health Administration
Michael E. DeBakey VA Medical Center

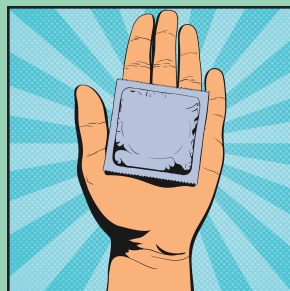




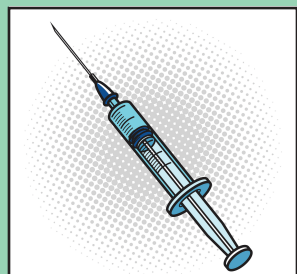
VA is where I get birth control...



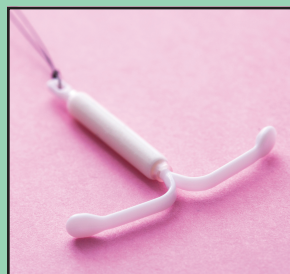
Birth control pills



Condoms



Birth control shot



IUD:
Intrauterine Device

Immunizations...

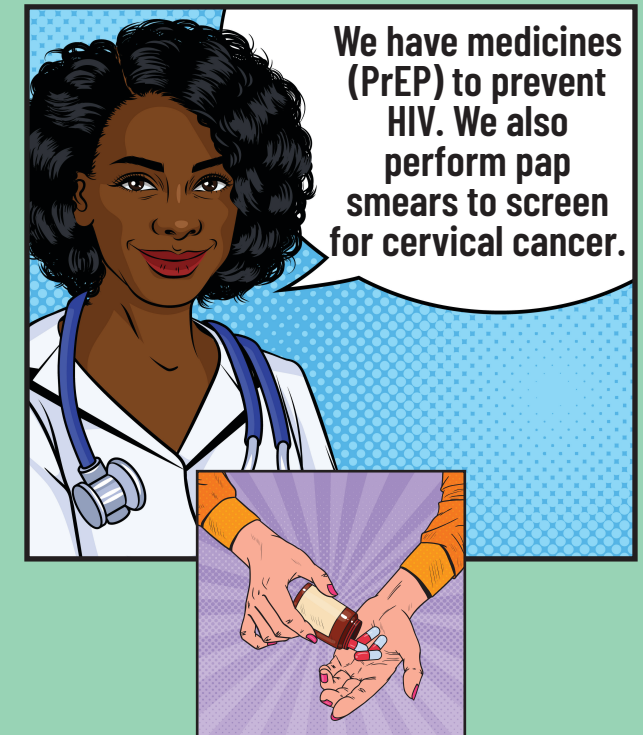


SEXUAL HEALTH VACCINES:

HPV* • Hepatitis B

**HPV is a virus that can cause genital warts and cervical cancer.*

Health screenings and medications.



PrEP is a medication that is highly effective at preventing HIV if taken as prescribed.

- Sexual health is an important part of your quality of life and overall well-being.
- By taking care of your sexual health you are supporting your overall health.
- Protecting yourself from unintended pregnancies and sexually transmitted infections can make sex safer and more fun!
- Talk with your clinician about VA's services to support sexual health.
- The VA offers both in-person and telehealth appointments.
- What you need—and want— for your sexual health is important. We're here to support you!