

## Introduction

- *Verify 2 identifiers*
- *Introduce self and role in clinic (part of PC/ PACT team)\**
- *Explain how long the visit will be*
- *Explain purpose of contact, including what will happen during the visit (review/use of measures, symptom review and setting goals for care)*
- *Explain that a note from the visit will go in medical record*

## Assess

### Administer/Reviews Structured Measures and Results

- *Use/reference assessment measures appropriate to primary care (e.g., PHQ9, GAD7, PCL) and their use over time in treatment\**

### Current Psychotropic Medication (if applicable)

- *If on psychotropic medications, ask about adherence\**
- *If on psychotropic medications, asks about side effects\**

### Assess for Suicidal/Homicidal Ideation

- *Appropriately assess and manage risk of harm to self/others (High Risk Protocol followed when indicated)\**

### Assess Progress Toward Goals

- *Assess progress on patient identified goals from last contact\**

## Advise/Agree

### Discuss Treatment Plan

- *Promote adherence to plan of care*
- *Discuss changes in treatment plan as appropriate (e.g., at key decision points in algorithm) \**

## Assist

### Develop a Behavioral Change Plan

- Collaboratively identify and develop a behavioral action plan that is consistent with the Veteran's goal\*

### Assist with Problem-solving and Patient Education

- Address challenges/barriers around psychotropic medication nonadherence and/or side effects, if present
- Provide appropriate assistance with behavior change goals (e.g., motivational interviewing, problem-solving, and/or patient education)
- Provide relevant patient education (e.g., strategies to support symptom self-management and/or health and wellness education); If drinking alcohol, provide appropriate education (alcohol as depressant, interaction with medication)

## Arrange

### Discuss Next Steps and Schedule Follow Up

- Let Veteran know what follows, including plans for follow-up (visits/calls)\*

## PCP Feedback

### Feedback

- Provide brief, focused feedback to PACT on patient's reported progress

**Note: Total time to complete <30 minutes**