

Information for Behavioral Health Providers in Primary Care

Referral Barriers Questionnaire

Acknowledgement:

The Center for Integrated Healthcare gratefully acknowledges Drs. Robinson & Reiter for the use of their *Guide to Overcoming Referral Barriers* that originally appeared in: Robinson, P. J., & Reiter, J. T. (2007). *Behavioral consultation and primary care: A guide to integrating services*. New York: Springer.

Referral Barriers Questionnaire

When you have considered referring to the BHC or a BHC class, which factors have deterred you from referring? Check the column that best describes your experience.

	Not a Barrier	Occasionally a Barrier	Often a Barrier
1. Patient is already seeing a therapist.			
2. No time to fetch the BHC and make the referral.			
3. Forgot by the end of the visit.			
4. Patient refused the referral.			
5. Patient has seen BHC before for same problem, isn't likely to benefit from another referral.			
6. Worry about alienating patient by recommending a behavioral health referral.			
7. Not sure how to make the referral.			
8. BHC is unavailable or seems busy.			
9. BHC doesn't speak patient's primary language.			
10. Patient is responding well to medications alone; no need for referral.			
11. Don't want to overwhelm the BHC.			
12. Not sure what to say about cost of BHC visit			
13. Unlikely BHC could help with this type of problem. What was/were the problem(s)?			

