

Resources

DVD/Documentaries

Frontline: The Soldier's Heart

Frontline: A Company of Soldiers

PBS Home Video: Operation Homecoming: Writing the Wartime Experience (America at a Crossroads Series)

HBO: Baghdad ER

HBO: Alive Day Memories

Combat Diary - The Marines of Lima Company

Last Letters Home: Voices of American Troops from the Battlefields of Iraq

DVD/Drama

Home of the Brave (2006). Three American soldiers try to adjust to life after Iraq.

Websites

www.ncptsd.va.gov

www.nmfa.org National Military Family Assn

www.pdhealth.mil

www.military.com (For "benefits" information)

www.ptsdhelp.net

www.battlemind.org

www.militarychild.org

www.SesameWorkshop.org

www.militaryonesource.com

Books

Combat Stress Injury: Theory, Research and Management edited by Charles R. Figley and William P. Nash

On Combat by Lt Col Dave Grossman

Odysseus in America by Jonathan Shay

Resources

[Achilles in Vietnam](#) by Jonathan Shay

[Haunted by Combat](#) by Daryl S. Paulson and Stanley Krippner

[Operation Homecoming: Iraq, Afghanistan and the Home Front in the awords of US Troops and Their Families](#), edited by Andrew Carroll

[What Was Asked of Us: An Oral History of the Iraq War by the Soldiers Who Fought It](#) by Trish Wood

[The Sandbox: Dispatches from Troops in Iraq and Afghanistan](#) by G. B. Trudeau

[The Post-Traumatic Stress Disorder Sourcebook](#) by Glenn R. Schiraldi

[The PTSD Workbook](#) by Mary Beth Williams and Soili Poijula

[Courage After Fire](#) by Keith Armstrong, Suzanne Best and Paula Domenici

[War and the Soul: Healing Our Nation's Veterans from Post-traumatic Stress Disorder](#) by Edward Tick

[The War Within: One More Step at a Time](#) by G. B. Trudeau

[Marines in the Garden of Eden: The Battle for An Nasiriyah](#) by Richard S. Lowry

[No True Glory: A Frontline Account of the Battle for Fallujah](#) by Bing West

[Rule Number Two: Lessons I Learned in a Combat Hospital](#) by Heidi Squier Kraft

[One Bullet Away: The Making of a Marine Officer](#) by Nathaniel C. Fick

[Embrace the Suck](#) Compiled and Introduced by Col. Austin Bay

For Spouses (wives)

[In Harm's Way: Help for the Wives of Military Men, Police, EMTs & Firefighters](#) by Aphrodite Matsakis

For Children:

[A Year Without Dad](#) by Jodi Brunson

[Daddy's in Iraq, but I Want Him Back](#) by Cameron R. Hoyt

[A Yellow Ribbon for Daddy](#) by Anissa Mersiowsky