Resources

DVD/Documentaries

Frontline: The Soldier’s Heart

Frontline: A Company of Soldiers

PBS Home Video: Operation Homecoming: Writing the Wartime Experience (America at a Crossroads Series)

HBO: Baghdad ER

HBO: Alive Day Memories

Combat Diary - The Marines of Lima Company

Last Letters Home: Voices of American Troops from the Battlefields of Iraq

DVD/Drama


Websites


www.pdhealth.mil www.military.com (For “benefits” information)

www.ptsdhelp.net

www.battlemind.org

www.militarychild.org

www.SesameWorkshop.org

www.militaryonesource.com

Books

Combat Stress Injury: Theory, Research and Management edited by Charles R. Figley and William P. Nash

On Combat by Lt Col Dave Grossman

Odysseus in America by Jonathan Shay

Don’t forget MilitaryOneSource!
Resources

Achilles in Vietnam by Jonathan Shay

Haunted by Combat by Daryl S. Paulson and Stanley Krippner

Operation Homecoming: Iraq, Afghanistan and the Home Front in the words of US Troops and Their Families, edited by Andrew Carroll

What Was Asked of Us: An Oral History of the Iraq War by the Soldiers Who Fought It by Trish Wood

The Sandbox: Dispatches from Troops in Iraq and Afghanistan by G. B. Trudeau

The Post-Traumatic Stress Disorder Sourcebook by Glenn R. Schiraldi

The PTSD Workbook by Mary Beth Williams and Soili Poijula

Courage After Fire by Keith Armstrong, Suzanne Best and Paula Domenici

War and the Soul: Healing Our Nation's Veterans from Post-traumatic Stress Disorder by Edward Tick

The War Within: One More Step at a Time by G. B. Trudeau

Marines in the Garden of Eden: The Battle for An Nasiriyah by Richard S. Lowry

No True Glory: A Frontline Account of the Battle for Fallujah by Bing West

Rule Number Two: Lessons I Learned in a Combat Hospital by Heidi Squier Kraft

One Bullet Away: The Making of a Marine Officer by Nathaniel C. Fick

Embrace the Suck Compiled and Introduced by Col. Austin Bay

For Spouses (wives)

In Harm's Way: Help for the Wives of Military Men, Police, EMTs & Firefighters by Aphrodite Matsakis

For Children:

A Year Without Dad by Jodi Brunson

Daddy's in Iraq, but I Want Him Back by Cameron R. Hoyt

A Yellow Ribbon for Daddy by Anissa Mersiowsky

Don’t forget MilitaryOneSource!