

**2017 Primary Care Reference Guide for Accessing Mental Health Services  
for Patients with Traumatic Brain Injuries**

Question or MH need	MH Reference materials and websites to learn more
<b>Military Culture Training</b>	<b>Military Culture Training for Health Care Professionals: Treatment Resources, Prevention &amp; Treatment</b> <a href="http://www.tms.va.gov">www.tms.va.gov</a> . course # 19335
<b>Military Culture and Pain Roadmaps</b>	Roadmaps are to develop standards of care in critical areas of Veterans health for facility leadership and frontline teams <a href="https://www.vapulse.net/groups/guidance-and-roadmap-initiative">https://www.vapulse.net/groups/guidance-and-roadmap-initiative</a>
<b>Current suicidal ideations</b> with patient in provider's office	Immediately phone MH provider in your VA or engage PCMHI in your clinic for assistance in evaluating the patient straightaway. Do not leave the patient unattended while accessing MH care. Additional guidance can be obtained by calling the Veterans Crisis Line at 1-800-273-8255.
Learning more about how to <b>evaluate for suicidal ideas</b> and general warning signs	<a href="http://vaww.mentalhealth.va.gov/rc-suicideprevention.asp">http://vaww.mentalhealth.va.gov/rc-suicideprevention.asp</a> <a href="http://www.mirecc.va.gov/visn19/education/products.asp">http://www.mirecc.va.gov/visn19/education/products.asp</a>
<b>To refer a Veteran in clinic for treatment of MH symptoms</b> beyond the comfort/scope of primary care interventions	PACT providers should turn first to their Primary Care Mental Health Integration Team (PCMHI), if available. If not, consultation to the MH Service Line for referrals.
Defense Center Of Excellence <b>Resource Guide for military families and providers</b>	<a href="http://t2health.dcoe.mil/apps/mtbi">http://t2health.dcoe.mil/apps/mtbi</a>
<b>General Facts on TBI</b> exposures in OIF/OEF/OND Veterans: includes information on assessments and treatment recommendations	<a href="http://www.polytrauma.va.gov/understanding-tbi/">http://www.polytrauma.va.gov/understanding-tbi/</a> <a href="http://www.dcoe.mil/TraumaticBrainInjury.aspx">http://www.dcoe.mil/TraumaticBrainInjury.aspx</a>

<b>Neuropsychiatric Manifestations</b> after TBI	<a href="http://www.mirecc.va.gov/visn6/TBI_education.asp">http://www.mirecc.va.gov/visn6/TBI_education.asp</a>
<b>Substance Use</b> after TBI and Risk Reduction	<a href="http://www.mirecc.va.gov/visn19/education/products.asp">http://www.mirecc.va.gov/visn19/education/products.asp</a>
<b>Teaching Tools for trainees</b> on understanding neuroanatomy and neuropsychiatry	<a href="http://www.mirecc.va.gov/visn6/Tools-Tips.asp">http://www.mirecc.va.gov/visn6/Tools-Tips.asp</a>
<b>PTSD Guides</b> and references for providers	<a href="http://www.ptsd.va.gov/professional/index.asp">http://www.ptsd.va.gov/professional/index.asp</a>
<b>PTSD Guides</b> and references for Veterans and families	<a href="http://www.ptsd.va.gov/public/index.asp">http://www.ptsd.va.gov/public/index.asp</a>
Common Post-deployment <b>Symptom Education Guides</b> for patients	<a href="http://www.mirecc.va.gov/visn6/Readjustment.asp">http://www.mirecc.va.gov/visn6/Readjustment.asp</a>
<b>Epidemiological Data</b> on Common Diagnoses and numbers of Veterans treated post-deployment	<a href="http://www.publichealth.va.gov/epidemiology/reports/oefoifond/health-care-utilization/index.asp">http://www.publichealth.va.gov/epidemiology/reports/oefoifond/health-care-utilization/index.asp</a>
<b>PTSD Consultation Services</b> with the National Center for PTSD	<a href="mailto:PTSDconsult@va.gov">PTSDconsult@va.gov</a>
<b>General Facts on Chronic Pain</b> in OIF/OEF/OND Veterans	<a href="http://www.tms.va.gov">www.tms.va.gov</a> <a href="#">Course # 13260: chronic pain</a>

Clinical Practice Guideline for <b>Patients at Risk for Suicide</b>	<a href="http://www.healthquality.va.gov/guidelines/MH/srb/">http://www.healthquality.va.gov/guidelines/MH/srb/</a>
Clinical Practice Guideline for <b>PTSD</b>	<a href="http://www.healthquality.va.gov/guidelines/MH/ptsd/">http://www.healthquality.va.gov/guidelines/MH/ptsd/</a>
Clinical Practice Guideline for <b>mild TBI</b>	<a href="http://www.healthquality.va.gov/guidelines/Rehab/mtbi/">http://www.healthquality.va.gov/guidelines/Rehab/mtbi/</a>
Clinical Practice Guideline for <b>Opioid Therapy for Chronic Pain</b>	<a href="http://www.healthquality.va.gov/guidelines/Pain/cot/">http://www.healthquality.va.gov/guidelines/Pain/cot/</a>
<b>Consensus Conference</b> Recommendations for Treating patients with mild TBI, PTSD, and Pain	<a href="http://www.mirecc.va.gov/docs/vsn6/Report_Consensus_Conf_Practice_Recommend_TBI_PTSD_Pain.pdf">http://www.mirecc.va.gov/docs/vsn6/Report_Consensus_Conf_Practice_Recommend_TBI_PTSD_Pain.pdf</a>
Mobile Phone <b>APP</b> for <b>Concussion</b> symptom management for patients	<a href="https://mobile.va.gov/app/concussion-coach">https://mobile.va.gov/app/concussion-coach</a>
Mobile Phone <b>APP</b> for <b>PTSD</b> symptom management	<a href="https://mobile.va.gov/app/ptsd-coach">https://mobile.va.gov/app/ptsd-coach</a>