

Primary Care Reference Guide for Accessing Mental Health Services for patients with Traumatic Brain Injuries

| Question or MH need | MH Reference materials and websites to learn more |
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| Current suicidal ideations with patient in provider's office | Immediately, telephone MH provider in your VA for assistance in immediately evaluating the patient. Do not leave the patient unattended while accessing MH care. Additional guidance can be obtained by calling the Veterans Crisis Line at 1-800-273-8255. |
| Learning more about how to evaluate for suicidal ideas and general warning signs | http://vaww.mentalhealth.va.gov/rc-suicideprevention.asp http://www.mirecc.va.gov/visn19/education/products.asp |
| To refer a Veteran in clinic for treatment of MH symptoms beyond the comfort/scope of primary care interventions | PACT providers should turn first to their Primary Care Mental Health Integration Team (PCMHI), if available. If not, referral to Mental Health services per local policy |
| Defense Center Of Excellence Resource Guide for military families and providers | http://www.dcoe.mil/Libraries/Documents/DCoE_Resource_Catalog_JULY_2015_WEB.pdf http://t2health.dcoe.mil/apps/mtbi |
| General Facts on TBI exposures in OIF/OEF/OND Veterans: includes information on assessments and treatment recommendations | http://www.polytrauma.va.gov/understanding-tbi/ http://www.dcoe.mil/TraumaticBrainInjury.aspx http://www.myvehucampus.com/desktop/#loc=contentid4422 |
| Neuropsychiatric Manifestations after TBI | http://www.mirecc.va.gov/visn6/TBI_education.asp |
| Substance Use after TBI and Risk Reduction | http://www.mirecc.va.gov/visn19/education/products.asp |
| Teaching Tools for trainees on understanding neuroanatomy and neuropsychiatry | http://www.mirecc.va.gov/visn6/Tools-Tips.asp |
| PTSD Guides and references for providers | http://www.ptsd.va.gov/professional/index.asp |

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| PTSD Guides and references for Veterans and families | http://www.ptsd.va.gov/public/index.asp |
| Common Post-deployment Symptom Education Guides for patients | http://www.mirecc.va.gov/visn6/Readjustment.asp |
| Epidemiological Data on Common Diagnoses and numbers of Veterans treated post-deployment | http://www.publichealth.va.gov/epidemiology/reports/oefoifond/health-care-utilization/index.asp |
| PTSD Consultation Services with the National Center for PTSD | PTSDconsult@va.gov |
| General Facts on Chronic Pain in OIF/OEF/OND Veterans | http://www.myvehucampus.com/desktop/#loc=contentid224 |
| Clinical Practice Guideline for Patients at Risk for Suicide | http://www.healthquality.va.gov/guidelines/MH/srb/ |
| Clinical Practice Guideline for PTSD | http://www.healthquality.va.gov/guidelines/MH/ptsd/ |
| Clinical Practice Guideline for mild TBI | http://www.healthquality.va.gov/guidelines/Rehab/mtbi/ |
| Clinical Practice Guideline for Opioid Therapy for Chronic Pain | http://www.healthquality.va.gov/guidelines/Pain/cot/ |
| Consensus Conference Recommendations for Treating patients with mild TBI, PTSD, and Pain | http://www.mirecc.va.gov/docs/visn6/Report_Consensus_Conf_Practice_Recommend_TBI_PTSD_Pain.pdf |
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| Mobile Phone APP for Concussion symptom management for patients | https://mobile.va.gov/app/concussion-coach |
| Mobile Phone APP for PTSD symptom management | https://mobile.va.gov/app/ptsd-coach |