Playing it Safer Quiz

We want to find out how much you know about relationships and safer sex. Please read each question carefully and circle the answer that you think is the best. **TRY TO ANSWER EVERY QUESTION.** If you do not know the answer to a question please take a guess.

1. Which type of communication style is **usually** the most effective?
   a. Aggressive
   b. Passive.
   c. Passive-aggressive.
   d. Assertive.

2. Which of the following sexual activities is considered **high-risk** for getting HIV?
   a. Solo masturbation.
   b. Getting (receiving) oral sex.
   c. Having unprotected sex during a woman’s menstrual period.
   d. Using a latex condom.

3. How are AIDS and HIV related?
   a. HIV is a test for AIDS.
   b. AIDS causes HIV.
   c. HIV is the virus that causes AIDS.
   d. AIDS is a treatment for HIV.
4. Which one of these things can **increase** your chance of getting HIV?
   a. Playing basketball.
   b. Being in the room when a person with HIV coughs.
   c. Smoking crack cocaine with your sex partner.
   d. Going fishing with a person who is HIV positive.

5. Which one of these things can make safer sex **more enjoyable** for you and your partner?
   a. Being creative.
   b. **Aggressively** stating your needs **all the time**.
   c. **Passively** stating your needs **all the time**.
   d. Talking about your sexual needs **after** you have sex.

6. Which of the following sexual activities is an example of **safer sex**?
   a. Mutual masturbation.
   b. Giving oral sex.
   c. Using a lambskin condom.
   d. Sharing sex toys.

7. Which one of these can be worn three hours **before** having sex and still protect you from HIV?
   a. A **used** female condom.
   b. A **used** male condom.
   c. A **new** female condom.
   d. A **new** male condom that has a **flavored lube** on it.

8. If you are in a sexual relationship, your sex partner:
   a. will **always meet all** of your needs.
   b. can **meet more** than just your sexual needs.
   c. can **never meet any** of your needs.
   d. will **always meet all** of your needs with sex.
9. Which body fluid can have a lot of HIV in it?
   a. Sweat.
   b. Semen (cum).
   c. Urine (pee).
   d. Tears.

10. What would help a person to become more motivated to practice safer sex?
   a. Writing down the benefits of unsafe sex.
   b. Thinking about the costs of safer sex.
   c. Using drugs or alcohol before having sex.
   d. Thinking about the benefits of safer sex.

11. Calling to order pizza is an example of a:
   a. shallow level of communication.
   b. deep level of communication.
   c. negative level of communication.
   d. moderate level of communication.

12. A female condom is:
   a. larger than a male condom.
   b. smaller than a male condom.
   c. the same size as a male condom.
   d. made of sheepskin.

13. When people use a passive communication style they:
   a. always make good eye contact.
   b. tell you what they want most of the time.
   c. stand very close to you about 50% of the time.
   d. usually make poor eye contact.
14. Which of the following things does NOT have to go into building a healthy relationship?
   a. Practice.
   b. Time.
   c. Gifts.
   d. Hard work.

15. What kinds of lubes are safe to use with latex condoms?
   a. Baby oil.
   b. Canola oil.
   c. K-Y jelly.
   d. Lard or butter.

16. Which one of these can be used to make a dental dam that will protect you against HIV?
   a. A male condom.
   b. A torn paper towel.
   c. A lambskin condom.
   d. An expired condom.

17. If people write down the benefits of practicing safer sex they will probably:
   a. be **more** motivated to practice safe sex.
   b. be **as motivated** to practice safe sex as they were before.
   c. be **more** motivated NOT to practice safe sex.
   d. only practice safe sex **when their partner wants to**.
18. To use a male condom the **right way**, men need to:
   a. check the expiration date.
   b. unroll it all the way before putting it on.
   c. put it on **after** they start having sex, but before they cum (ejaculate).
   d. keep it fresh by putting it in the freezer.

19. HIV can be transmitted by:
   a. a dirty toilet seat.
   b. mosquito bites.
   c. unprotected sexual contact.
   d. water in a swimming pool.

20. Calling someone a “disgusting pig” when you are mad is an example of:
   a. **passive** communication.
   b. **passive-aggressive** communication.
   c. **assertive** communication.
   d. **aggressive** communication.

**THANKS FOR TAKING THIS QUIZ**