

# CAREGIVER VOICE HEARING EXPERIENCE:

## A Mental Health Symptom Training PowerPoint



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The contents of this training do not represent the views of the Department of Veterans Affairs (VA) or the U.S. government.

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# LEARNING OBJECTIVES

- **At the conclusion of the session, participants should be able to:**
  - **Describe psychotic symptoms and the variety of ways in which they manifest in individuals.**
  - **Gain a greater appreciation of “hearing voices” through a simulation exercise.**
  - **Apply at least two elements of recovery principles in their care of Veterans with psychosis.**



# OVERVIEW

**Myths and Facts**

**What Illnesses include Psychosis?**

**Positive and negative psychotic symptoms**

**Hallucinations**

- **Auditory**
- **Visual**

**Auditory Hallucinations Experience**

**Recovery**

**Questions**

# MYTH OR FACT

**Mental health  
problems  
are rare.**

# WHAT ILLNESSES INCLUDE PSYCHOSIS?

**SCHIZOPHRENIA**

**SCHIZOAFFECTIVE  
DISORDER**

**MAJOR DEPRESSIVE  
DISORDER**

**BIPOLAR DISORDER**

# SYMPTOMS OF...

**SCHIZOAFFECTIVE  
DISORDER**

**SCHIZOPHRENIA**

**BIPOLAR DISORDER**

**MAJOR DEPRESSIVE  
DISORDER**

# MYTH OR FACT

**People with  
mental illness  
can succeed  
at their job.**



# SYMPTOMS

## Positive Symptoms

- Hallucinations - Sensory misperceptions
- Delusions - Fixed, false beliefs
- Disorganized Thoughts
- Disorganized Behavior

## Negative Symptoms

- Alogia - Decreased amount of speech
- Avolition - Poor motivation and inability to initiate activities
- Lack of social interest - Social withdrawal
- Blunted affect - Lack of facial expression, muted or absent emotional response.



## MYTH OR FACT

**People with  
mental health  
issues are violent  
and unpredictable.**

# HALLUCINATIONS



**HEARING SOMETHING  
THAT IS NOT PRESENT**



**SEEING SOMETHING THAT  
IS NOT PRESENT**



**FEELING SOMETHING  
THAT IS NOT PRESENT**

# HEARING VOICES: THE EXPERIENCE

## MYTH OR FACT

**I can't do anything  
for people with  
mental health needs.**

# FOCUS ON RECOVERY

HOLISTIC

HOPE

RESPONSIBILITY

SELF-DIRECTION

PERSON CENTER

EMPOWERMENT

STRENGTH-BASED

PEER SUPPORT

NON-LINEAR

RESPECT

## MYTH OR FACT

**Once people  
develop a mental  
illness, they will  
never recover.**

# DISCUSSION



