## CAREGIVER VOICE HEARING EXPERIENCE:

### A Mental Health Symptom Training PowerPoint



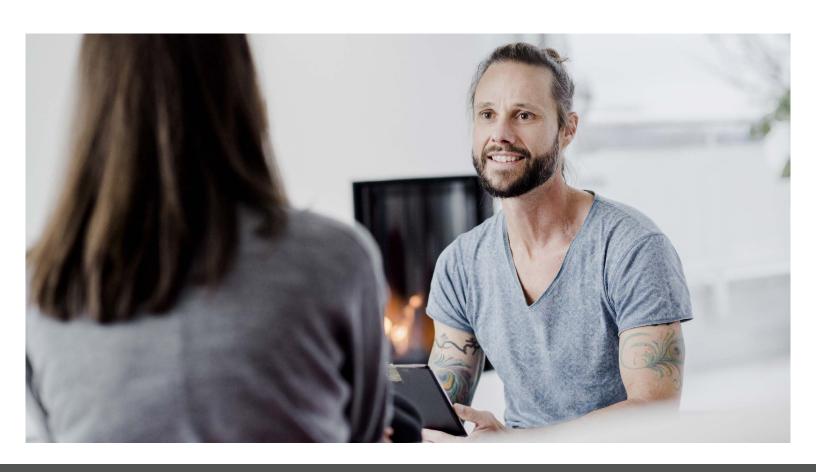


The contents of this training do not represent the views of the Department of Veterans Affairs (VA) or the U.S. government.

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#### LEARNING OBJECTIVES

- At the conclusion of the session, participants should be able to:
  - Describe psychotic symptoms and the variety of ways in which they manifest in individuals.
  - Gain a greater appreciation of "hearing voices" through a simulation exercise.
  - Apply at least two elements of recovery principles in their care of Veterans with psychosis.



#### **OVERVIEW**

Myths and Facts

What Illnesses include Psychosis?

Positive and negative psychotic symptoms

Hallucinations

- Auditory
- Visual

Auditory
Hallucinations
Experience

Recovery

**Questions** 

# Mental health problems are rare.

## WHAT ILLNESSES INCLUDE PSYCHOSIS?

#### **SCHIZOPHRENIA**

## SCHIZOAFFECTIVE DISORDER

MAJOR DEPRESSIVE DISORDER

**BIPOLAR DISORDER** 

#### SYMPTOMS OF...

#### SCHIZOAFFECTIVE DISORDER

**SCHIZOPHRENIA** 

**BIPOLAR DISORDER** 

MAJOR DEPRESSIVE DISORDER

People with mental illness can succeed at their job.

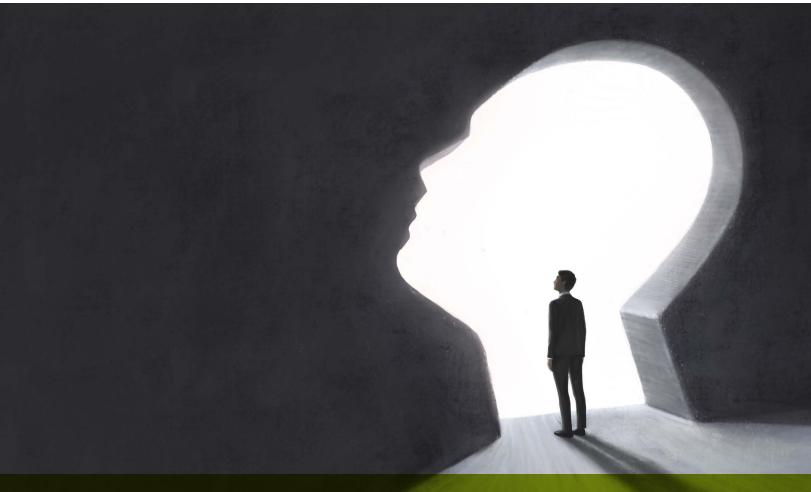
#### **SYMPTOMS**

#### **Positive Symptoms**

- Hallucinations Sensory misperceptions
- Delusions Fixed, false beliefs
- Disorganized Thoughts
- Disorganized Behavior

#### **Negative Symptoms**

- Alogia Decreased amount of speech
- Avolition Poor motivation and inability to initiate activities
- Lack of social interest Social withdrawal
- Blunted affect Lack of facial expression, muted or absent emotional response.



# People with mental health issues are violent and unpredictable.

#### **HALLUCINATIONS**



HEARING SOMETHING THAT IS NOT PRESENT



SEEING SOMETHING THAT IS NOT PRESENT



FEELING SOMETHING THAT IS NOT PRESENT

#### **HEARING VOICES: THE EXPERIENCE**

## I can't do anything for people with mental health needs.



Once people develop a mental illness, they will never recover.

#### DISCUSSION

#### **RESOURCES**

https://www.mentalhealth.gov/basics/mental-health-myths-facts

MAPS: A Guide to Managing Adult Psychiatric Symptoms for Family Members and Friends, Developed by Kristen H. Sorocco, Ph.D., Thomas Teasdale, Dr.P.H., and Michelle D. Sherman, Ph.D.

Serious Mental Illness, PowerPoint presentation; Wendy Batdorf, PhD.

Substance Abuse and mental Health Services Administration (SAMHSA) http://allmentalhealth.samhsa.gov/myths\_facts.html

American Psychiatric Association. Diagnostic and Statistical Manual of Mental Disorders.5th ed., Washington, D.C.: American Psychiatric Association, 2013.

The hearing voices experience can be found at <a href="https://youtu.be/MMjjSYISyBU">https://youtu.be/MMjjSYISyBU</a>

