Suicide Risk Management FAQ

What is the Suicide Risk Management (SRM) Consultation Program?

SRM is a free consultation program for VA or community providers who work with Veterans at risk of suicide. SRM offers tailored, one-on-one support on topics including: risk assessment, conceptualization of suicide risk, lethal means safety counseling, strategies for how to engage Veterans at high risk in their own treatment, best practices for documentation, and provider support after a suicide loss (postvention).

What is SRM’s relationship to VA?

SRM leadership and its certified, professional consultants are VA employees and the program is supported by the VA Office of Mental Health and Suicide Prevention. SRM expert consultation and resources are based upon best practices and research conducted in VA and the community.

Who does SRM serve?

SRM serves VA and community providers working with Veterans at risk of suicide.

Please note that SRM does not provide direct care or support to Veterans.

Is SRM confidential?

Yes, all information discussed during the consultation process is confidential. Additionally, we ask that providers do not share any identifiable information about patients with our team.

How does SRM work?

Providers can request and schedule a consultation by:

1. Emailing SRM at srmconsult@va.gov
2. SRM Consultation Program staff typically respond within one business day and will assist with scheduling a phone call with one of our consultants or will answer a question over email if preferred.

How can SRM help me?

Caring for Veterans at risk of suicide can create treatment challenges. SRM helps providers by offering consultation, support, and suicide prevention resources that promote therapeutic best practices. Providers can serve Veterans better when they have access to the right resources and feel confident in their treatment decisions.

"Our team literally used almost every recommendation that was made. Our team felt much more comfortable with the Veteran’s discharge from inpatient unit due to the recommendations made. The Veteran’s length of stay was directly impacted by this consultation."

What makes SRM unique?

SRM consultants are experts in Veteran suicide risk assessment and management. They are both clinicians and well-informed researchers. This allows them to provide consultation that is based on the most up-to-date literature in the field that can easily be applied to your clinical work with a Veteran at risk of suicide.