



## Suicide Risk Management Consultation Program Lecture Series

# Responding to Suicidal Ideation or Self-harm from a Dialectical Behavior Therapy (DBT) Perspective

Please register by April 13, 2021 ([VA Registration](#) and [Non-VA Registration](#))

### Overview

#### Program Description:

Treating suicidal ideation and self-harm can be challenging, especially when suicidal ideation and non-suicidal self-injury is chronic. Dialectical Behavior Therapy (DBT), a type of cognitive behavioral therapy, is often used to treat suicidal ideation and self-harm behaviors.

This month, Dr. Laura Meyers will review how to treat suicidal ideation and self-harm from a DBT perspective.

Following this live, knowledge-based virtual training, clinicians and health care teams will be able to:

- Identify how to effectively respond to suicidal statements from a DBT perspective.
- Define the difference between “operant” and “respondent” behaviors.
- Discuss the pros and cons of hospitalization.

**Date / Time:** April 14, 2021 at 2:00 p.m. to 3:00 p.m. ET

**Location:** This is a virtual lecture series.

**Audience:** The primary target audience for this activity consists of physicians, nurses, psychologists, social workers and pharmacists.

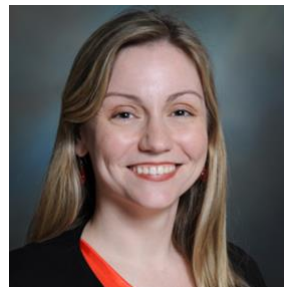
**VA Providers:** [Register in TMS](#)

**Non-VA Providers:** [Register in TRAIN](#)

**Audio:** You can join audio through Adobe Connect using your device speakers.

**Credit/hours:** 1-hour CE only available for pre-registered providers

**Accreditations:** JA IPCE, ACCME, ACCME-NP, ACPE, ANCC, APA, ASWB, NYSED



Lecturer Dr. Laura Meyers

### Questions?

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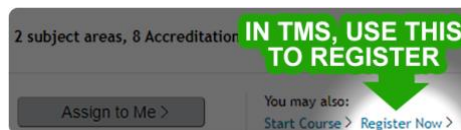
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[Visit the SRM website](#) for additional details on the lecture series and to learn more about SRM

*This course is jointly offered by the Office of Rehabilitation and Prosthetic Services, the Veterans Health Administration Employee Education System and the Office Mental Health and Suicide Prevention.*