

# SUICIDE RISK MANAGEMENT Consultation Program FOR PROVIDERS WHO SERVE VETERANS

*#NeverWorryAlone*

## What is the Suicide Risk Management (SRM) Consultation Program?

Why worry alone? The SRM Consultation Program provides free consultation for any provider, community or VA, who serves Veterans at risk for suicide.

Common consultation topics include:

- Risk Assessment
- Conceptualization of Suicide Risk
- Lethal Means Safety Counseling
- Strategies for How to Engage Veterans at High Risk
- Best Practices for Documentation
- Provider Support after a Suicide Loss (Postvention)

## How does the SRM Consultation Program work?

1. Email [srmconsult@va.gov](mailto:srmconsult@va.gov)
2. SRM Consultation Program staff will contact you to discuss your questions over email or by phone

## Can the SRM Consultation Program be helpful to me?

Caring for Veterans at risk for suicide can be stressful and emotionally challenging. This stress can impact the therapeutic relationship, clinical decision making, and documentation. Consultants collaboratively work with providers to increase their confidence by providing concrete tools and support. Consultation is a great way to get a second opinion on a challenging case, get support, and enhance your work from a medicolegal perspective.

## What makes the SRM Consultation Program unique?

SRM Consultants are experts in Veteran suicide risk assessment and management. They are both clinicians and well-informed researchers, which allows them to provide consultation that is based on the most up-to-date literature in the field, but can easily be used in the next session with a patient you are worried about.

## How can I learn more?

For more information about the SRM Consultation Program and related resources, please visit: <https://www.mirecc.va.gov/visn19/consult>