

# Adventurous Activities Interview

**We are interested in knowing if there is anything you do now that gets your adrenaline going, that is, activities that give you a rush, high, thrill, or get you feeling “jacked up.”**

1. Do you engage in any of these activities?
  2. Why do you engage in these activities?
  3. Do you participate in more adrenaline-pumping, thrilling activities now than you did in the past?
  4. When you are not doing something high intensity or risky, how do you feel?
  5. Does it take more intensity or risk for you to feel a thrill now than it did in the past?
- Additional questions assessed related to diminished interest in such activities, and avoidance of such activities