Self-Directed Violence (SDV) Classification System
Clinical Tool

BEGIN WITH THESE 3 QUESTIONS:
1. Is there any indication that the person engaged in self-directed violent behavior that was lethal, preparatory, or potentially harmful? (Refer to Key Terms on reverse side)
   - If NO, proceed to Question 2
   - If YES, proceed to Question 3

2. Is there any indication that the person had self-directed violence related thoughts?
   - If NO to Questions 1 and 2, there is insufficient evidence to suggest self-directed violence → NO SDV TERM
   - If YES, proceed to Decision Tree A

3. Did the behavior involve any injury or did it result in death?
   - If NO, proceed to Decision Tree B
   - If YES, proceed to Decision Tree C

DECISION TREE A: THOUGHTS

Were/Are the thoughts suicidal?
- No
  - Non-Suicidal SDV Ideation
- Yes
  - If the thoughts were/are suicidal, is there evidence of Suicidal Intent?
    - No
      - Suicide Attempt, With Undetermined Suicidal Intent
    - Yes
      - Suicide Attempt, Without Suicidal Intent
  - Unknown
    - Suicide Ideation, With Undetermined Suicidal Intent
    - Suicide Ideation, Without Suicidal Intent

DECISION TREE B: BEHAVIORS, WITHOUT INJURY

Was the behavior preparatory only?
- No
  - Was the behavior interrupted by Self/Other?
    - Yes
      - Undetermined SDV, Preparatory
    - No
      - Non-Suicidal SDV, Preparatory
  - Unknown
    - Suicide Attempt, Preparatory

DECISION TREE C: BEHAVIORS, WITH INJURY

Was the injury fatal?
- No
  - Was the behavior interrupted by Self/Other?
    - Yes
      - Undetermined SDV, Fatal
    - No
      - Non-Suicidal SDV, Fatal
  - Unknown
    - Suicide Attempt, With Injury, Interrupted by Self/Other

- Yes
  - Is there evidence of Suicidal Intent?
    - No
      - Undetermined SDV, With Injury
    - Yes
      - Suicide Attempt, With Injury
    - Unknown
      - Non-Suicidal SDV, With Injury
      - Suicide Attempt, With Injury, Interrupted by Self/Other

Non-Suicidal SDV, Without Injury
Suicide Attempt, Without Injury
Undetermined SDV, Without Injury
Non-Suicidal SDV, Without Injury
Suicide Attempt, With Injury, Interrupted by Self/Other
Non-Suicidal SDV, With Injury
Suicide Attempt, With Injury, Interrupted by Self/Other
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Key Terms (Centers for Disease Control and Prevention)

<table>
<thead>
<tr>
<th>Term</th>
<th>Definition</th>
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<tbody>
<tr>
<td>Self-Directed Violence</td>
<td>Behavior that is self-directed and deliberately results in injury or the potential for injury to oneself.</td>
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<tr>
<td>Suicidal Intent</td>
<td>There is past or present evidence (implicit or explicit) that an individual wishes to die, means to kill him/herself, and understands the probable consequences of his/her actions or potential actions. Suicidal intent can be determined retrospectively and in the absence of suicidal behavior.</td>
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<tr>
<td>Preparatory Behavior</td>
<td>Acts or preparation towards engaging in Self-Directed Violence, but before potential for injury has begun. This can include anything beyond a verbalization or thought, such as assembling a method (e.g., buying a gun, collecting pills) or preparing for one's death by suicide (e.g., writing a suicide note, giving things away).</td>
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<tr>
<td>Physical Injury (paraphrased)</td>
<td>A bodily lesion resulting from acute overexposure to energy (this can be mechanical, thermal, electrical, chemical, or radiant) interacting with the body in amounts or rates that exceed the threshold of physiological tolerance (e.g., bodily harm due to suffocation, poisoning or overdoses, lacerations, gunshot wounds, etc.). Refer to the Classification System for the Centers for Disease Control and Prevention definition.</td>
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<td>Interrupted By Self or Other</td>
<td>A person takes steps to injure self but is stopped by self/another person prior to fatal injury. The interruption may occur at any point.</td>
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<td>Suicide Attempt</td>
<td>A non-fatal self-inflicted potentially injurious behavior with any intent to die as a result of the behavior.</td>
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<tr>
<td>Suicide</td>
<td>Death caused by self-inflicted injurious behavior with any intent to die as a result of the behavior.</td>
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</tbody>
</table>

Reminder: Behaviors Trump Thoughts