Characterization of Soldiers' Lifetime Traumatic Brain Injuries (TBI)

- Median 2 lifetime TBI
- Over half of those w/ no deployment TBI still reported lifetime TBI
- Median 2 lifetime TBI
- Most TBI were mild severity (6% moderate or severe)
- Most recent deployment TBI were from blasts
- Many brief screening assessments only ask about recent/deployment TBI

n=1,060 soldiers with at least one lifetime TBI (post-deployment Afghanistan/Iraq)

IMPLICATIONS

History and severity of TBIs may contribute to post-TBI symptoms and postmilitary functional challenges.

Future research is needed to investigate functional impact of multiple TBIs over one's lifetime.