

After a Suicide Loss: Many Lives Touched



For every **1** life
lost to suicide,
135 others are
exposed.

In the U.S., over 6 million people are exposed to suicide losses each year, a number that exceeds the population of Colorado. With 135 people exposed to each suicide, anyone in your life, such as your neighbor, coworker, hair dresser, friend, gym instructor, bus driver, brother-in-law, former classmate, or coffee shop owner, may have been touched by suicide.



Anyone you encounter
may know someone
who died by suicide.

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<https://www.mirecc.va.gov/visn19/postvention>

Reference: Cerel, J., Brown, M. M., Maple, M., Singleton, M., Venne, J., Moore, M. and Flaherty, C. (2018). How many people are exposed to suicide? Not six. *Suicide and Life-Threatening Behavior*, 1-6. doi:10.1111/sltb.12450.

