



Uniting for Suicide Postvention (USPV) offers resources, guidance, and support to those affected by suicide loss.

Suicide postvention is an organized response that occurs after a suicide loss, designed to support those exposed and impacted by the suicide.

USPV offers healing and hope to anyone who has lost someone to suicide, regardless of the relationship to that person. USPV resources address the complex thoughts and emotions that make healing after a suicide loss uniquely challenging. Offering a safe space to explore painful and challenging emotions, USPV aims to facilitate healing over time. The hub of USPV is a website, which features multi-media resources designed to promote open dialogue about suicide loss. The site is structured to meet the needs of three groups of suicide loss survivors: community, providers, and workplace.

- Ways to connect online:
 - Videos: loss survivor stories
 - Infographics: loss survivor experiences and ways to help
 - Podcasts: suicide postvention education and support efforts

Visit USPV: <https://www.mirecc.va.gov/visn19/postvention/>

For USPV questions, please contact: uspv@va.gov

To keep up to date on USPV announcements, follow USPV on Twitter: @USPVinfo



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