Potentially Morally Injurious Events (PMIEs) can be defined as situations where there was a moral code violation either through one's actions, inactions or witnessing of another person's behavior.

PMIEs exposure can significantly impact an individual's functioning: increasing risk of suicidal ideation, substance use, likelihood of PTSD, depression and consequently affect domains of living such as relationships, work, self-care and spiritual practice.

**BACKGROUND**

**CURRENT STUDY**

Aim to learn about warzone Veterans' and service members' experiences through interviewing 14 male participants who reported moral injury in their lifetime

"Tell me about your experience of being in the military"

**RESULTS**

2 main themes and subthemes emerged

1. Morally questioning one's self
   - Moral shift: "I'm going to create a new identity by deserting everything that made me who I am... I am creating a new human being."
   - Depersonalization: "You had to close off all of your feelings, emotions... I became a robot. It's still hard for me to even try to turn that switch back on."

2. Morally questioning others
   - Disillusionment: "I just don't trust officers. Some of the senior noncommissioned officers because they would take advantage of their rank."
   - Resignation: "These people were forced into doing something they didn’t want to... don’t stop for anything no matter what... kill and keep going."

**IMPLICATIONS**

The themes and subthemes identified help to conceptualize potential treatments for moral injury, specifically supporting interventions like:

- Acceptance and Commitment Therapy for Moral Injury (ACT-MI)
- Adaptive Disclosure (AD)
- Building Spiritual Strength (BSS)
- Impact of Killing (IOK)

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