



# ARE YOU SERVING ON THE FRONT LINES OF THE COVID-19 PANDEMIC?

Researchers at VA Puget Sound are conducting the nationwide ATTEND study to learn how health-care workers and first responders are being affected by the pandemic. An optional part of the study will test whether an investigational drug, prazosin, can help treat acute stress in members of this group who are also Veterans.

## ELIGIBILITY CRITERIA FOR SURVEYS:

- Any gender, age 18–75
- Eligible vocations: Physicians, physician assistants, nurses, EMTs, firefighters, or police service members who provide services that are affected by the pandemic

## ELIGIBILITY CRITERIA FOR *OPTIONAL* DRUG TRIAL:

- Must be a Veteran eligible for clinical care at the VA Puget Sound Health Care system
- Must have experienced an increase in insomnia, nightmares, or anxious awakenings related to providing care during the pandemic

## PARTICIPATION INCLUDES:

- An online survey (20 minutes) about participant feelings, emotions, sleep quality, relevant work experiences, and past reactions to stressful experiences
- Follow-up online surveys (5-10 minutes) that occur weekly or bimonthly
- The initial survey will ask if participants are interested in the optional drug trial.

If yes, participation will *additionally* include:

- 3 months of taking a mailed prescription of prazosin
- 10 brief virtual or telephone visits with study clinicians
- Online reporting of side effects from the medication

**STUDY WEBPAGE: [https://bit.ly/ATTENDSTUDY\\_FB](https://bit.ly/ATTENDSTUDY_FB)**

