

Do you have headaches?

Posttraumatic Headache Study

Dr. Cindy Mayer, Principal Investigator
VA Puget Sound Health Care System
1660 S. Columbian Way
Seattle, WA 98108



VA Puget Sound R&D Approved 02-19-19

Study Eligibility

- Veterans of any era who
 - (a) have had a concussion (also called a mild traumatic brain injury or mTBI),
 - (b) began having headaches after the injury, and
 - (c) are currently having moderate-to-severe headaches that interfere with activities

Study Procedures

- 13 to 15 clinic visits (lasting 30 minutes to 4 hours) at the VA Puget Sound in Seattle or American Lake VA over a period of up to 24 weeks
- Physical and neurological examinations
- Answering questions about medical and mental health, head injuries, headaches, military service, sleep, mood, substance use, and quality of life
- Providing 2 blood samples
- Receiving active study drug (prazosin) or placebo (a capsule that looks identical to the study drug but contains no active medication) for up to 19 weeks; there is a 2-out-of-3 chance of receiving active study drug
- Keeping a daily headache log for the study duration
- Monitoring activity and sleep for a total of 2 weeks by actigraphy (wearing a wrist activity/sleep monitor) and keeping a sleep diary

Study Compensation, Benefits, and Other Information

- Total compensation of up to \$950
- Additional travel compensation for people living 25 miles or more from the VA Puget Sound in Seattle or American Lake VA
- Please note that this is a research study and not a substitute for regular medical care



Contact: Study Coordinator
206.277.3491

VA Puget Sound IRB Approved
02/14/2019

VA



U.S. Department
of Veterans Affairs