

Get involved with NW MIRECC

- **Participate in research:** the Veterans Affairs ranks as one of the nation's leaders in health research. These research studies have significantly contributed to advancements in our understanding of medical problems that have led to health improvements for Veterans and civilians alike. Whether you are currently on active duty, a Veteran, or someone who has never worn the uniform, you can participate in NW MIRECC research in Seattle, Washington.
- **Learn through MIRECC Presents:** enhance your skills and understanding of mental health issues affecting Veterans by attending *MIRECC Presents*. *MIRECC Presents* is held on the first and third Wednesday of each month from October to June, between Noon and 1:00pm (PT).
- **Become a Fellow:** The Veterans Affairs' Advanced Postdoctoral Fellowship in Mental Illness Research and Treatment is a two-year postdoctoral training program designed to train and equip physicians, psychologists, and other allied health professionals with the knowledge and expertise to lead clinical research efforts that make lasting contributions in the lives of Veterans experiencing mental health challenges.
- **Subscribe to the NW MIRECC e-mail list:** stay informed of NW MIRECC activities and opportunities by joining the NW MIRECC e-mail list.
- **Visit NW MIRECC online:**
<https://www.mirecc.va.gov/visn20/>

Northwest Mental Illness Research, Education and Clinical Center (NW MIRECC)

Seattle, Washington:

VA Puget Sound Health Care System
VISN 20 NW MIRECC
Mail Stop: S-116-MIRECC
1660 S. Columbia Way
Seattle, WA 98108
Telephone: 206.277.5566

Academic Affiliate: University of Washington

Portland, Oregon

VA Portland Health Care System
Mail Stop: P3MIRECC
3710 SW US Veterans Hospital Rd.
Portland, OR 97239
Telephone: 503.220.3481

Academic Affiliate: Oregon Health and Science University (OHSU)

Online: <https://www.mirecc.va.gov/visn20/>



Enhancing Veteran care through research and education

Northwest Mental Illness Research, Education and Clinical Center (NW MIRECC)

VA



U.S. Department of Veterans Affairs
Veterans Health Administration

Research activities at NW MIRECC

Translational Research: The nationally acclaimed Northwest Mental Illness Research, Education and Clinical Center (NW MIRECC) translational neuroscience program is a multidisciplinary research program dedicated to understanding and treating posttraumatic stress disorder (PTSD), Traumatic Brain Injury (TBI), neurodegenerative and other mental illnesses affecting Veterans.

Clinical Research: Through careful design, implementation of cutting-edge clinical research and with the help of research participants, the NW MIRECC conducts in-depth analysis of the biological, psychological, social and environmental causes and effects of PTSD, TBI, and their co-occurring disorders.

Together, teams of clinicians and scientists work side-by-side to characterize and model the key features of PTSD, TBI, neurodegenerative disorders, and their co-occurring diagnoses and translate our findings from scientific theory or animal models into practical applications for Veterans.

Learning Opportunities at NW MIRECC

NW MIRECC provides educational opportunities to clinicians who provide care to Veterans and active duty US military service members. NW MIRECC:

- Disseminates best practice treatments, current research findings and the latest pertinent knowledge related to PTSD, TBI, and their complex comorbidities through both web-based and face-to-face educational offerings
- Serves as a national resource for expertise in mental health education



MIRECC Presents

MIRECC Presents, an online continuing education webinar series, translates current scientific and clinical research into information that can be used by clinicians to enhance the care of Veterans. By integrating cutting-edge treatments and timely research into their daily clinical practice, mental health providers are empowered to provide the highest quality of care for Veterans experiencing mental health challenges.



Advanced Postdoctoral Fellowship

The Advanced Postdoctoral Fellowship in Mental Illness Research and Treatment is a two-year postdoctoral training program. The program trains and equips physicians, psychologists, and other allied health professionals with the knowledge and expertise to develop and implement research projects, publish and present findings, write grants, utilize the latest technology for educational activities and clinical service delivery, and lead clinical research efforts that make lasting contributions in the lives of Veterans.