Using neurocognitive tools to identify and modulate treatment targets in PTSD, anxiety, and depression

Who: Dr. Jessica Bomyea from the San Diego VA, Center of Excellence for Stress and Mental Health
When: February 27, 2020, 11:00am PST, for 45 minutes
How: Webinar via zoom

Jessica Bomyea, PhD, is an assistant professor at the University of California, San Diego and a research health scientist at the VA Center of Excellence for Stress and Mental Health. Dr. Bomyea received her doctoral degree from the San Diego State University/University of California, San Diego (UCSD) Joint Doctoral Program in Clinical Psychology. Her research, which has been supported by the National Institute of Mental Health and the Department of Veterans Affairs, seeks to understand how aspects of cognition (e.g., executive functioning) may confer risk for and perpetuate anxiety and traumatic stress disorders. In addition, she studies novel interventions with the goals of translating cognitive science principles to new treatment approaches and delineating the processes of change during treatment. Her current work focuses on examining the neurobiological characteristics of individuals across and within traditional diagnostics categories, and how treatment programs impact symptom, neuropsychological, and neurobiological markers of psychopathology.

Selected publications


