

**Amy Lynne Drapalski, Ph.D.**  
VISN 5 Mental Illness Research, Education and Clinical Center  
Adjunct Associate Professor, Department of Psychiatry  
University of Maryland School of Medicine

**Date** 8/18/23

**Contact Information**

VISN 5 MIRECC  
VA Maryland Health Care System  
10 N. Greene St. (Attn: MIRECC, Annex Bldg, 7<sup>th</sup> floor)  
Baltimore, MD 21201  
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**Education**

1996 B.A. University of Maryland, Baltimore County, Psychology/Sociology (Pre-Professional  
Mental Health Track)  
1999 M.A. Catholic University, General Psychology  
2006 Ph.D. George Mason University, Clinical Psychology

**Post Graduate Education and Training**

2005-2006 Clinical Psychology Internship VA Maryland Healthcare System/University of  
Maryland School of Medicine Psychology Internship  
Consortium, Baltimore, MD  
2006-2008 Postdoctoral Fellowship VISN 5 Mental Illness Research, Education, and Clinical  
Center, Baltimore, MD  
Mentor: Lisa Dixon, M.D., M.P.H.

**Medical Licenses**

2009-present Clinical Psychologist, Maryland (Active)

**Employment History**

2008-present Clinical Research Psychologist, VISN 5 Mental Illness Research, Education, and Clinical  
Center (MIRECC)  
2015-present Adjunct Associate Professor, Department of Psychiatry, University of Maryland School  
of Medicine  
2013-2021 Psychologist (Volunteer), Research Department, Washington DC VA Medical Center  
2010-2015 Clinical Assistant Professor (Volunteer), Department of Psychiatry, University of  
Maryland School of Medicine

**Professional Society Memberships**

1988-present Member, American Psychological Association

- 2007-2022 Member, Association for Behavioral and Cognitive Therapies  
 2014-present Member, American Psychological Association, Division 18: Psychologists in Public Service

### **Honors and Awards**

- 2003 High Pass, Oral Comprehensive Examinations, George Mason University  
 2006 American Psychological Association Student Travel Award  
 2006 Advanced Clinical Graduate Student Award, George Mason University  
 2011 H. McKee Jarboe Faculty Award for Outstanding Mental Health Research, University of Maryland School of Medicine, Department of Psychiatry

### **Administrative Service**

#### **Institutional Service**

- 2006, 2010-2011 Co-Organizer, MIRECC Science Meeting  
 VA Capitol Health Care Network (VISN5) Mental Illness Research, Education and Clinical Center (MIRECC)
- 2009 Member, Conference Planning Committee  
 “Stigma: The Enemy Within” Conference  
 Conference Date: October 8<sup>th</sup>, 2009. Baltimore, Maryland.  
 VA Maryland Health Care System/VA Capitol Health Care Network (VISN5) Mental Illness Research, Education and Clinical Center (MIRECC)
- 2009-2011 Member, VA Mental Health Awareness Committee  
 VA Maryland Health Care System
- 2009-2018 Reviewer and Interviewer, Psychology Internship Admissions  
 VA Maryland Health Care System/University of Maryland School of Medicine Pre-Doctoral Clinical Psychology Internship Consortium
- 2009-present Reviewer and Interviewer, VISN 5 MIRECC Postdoctoral Fellowship Admissions  
 VA Capitol Health Care Network (VISN5) Mental Illness Research, Education and Clinical Center (MIRECC)
- 2009-present Member, VISN 5 MIRECC Steering Committee  
 VA Capitol Health Care Network (VISN5) Mental Illness Research, Education and Clinical Center (MIRECC)
- 2009-2014 Associate Editor, MIRECC Matters newsletter  
 VA Capitol Health Care Network (VISN5) Mental Illness Research, Education and Clinical Center (MIRECC)
- 2009-2014 Administrative Core Manager, VISN 5 Mental Illness Research, Education, and Clinical Center (MIRECC)
- 2011-2012 Chair, Conference Planning Committee  
 “Supporting the Mental Health of Women Veterans”  
 Conference Date: April 24<sup>th</sup>, 2012. Baltimore, Maryland  
 VA Capitol Health Care Network (VISN5) Mental Illness Research, Education and Clinical Center (MIRECC)
- 2014-present Member/VA Representative, Institutional Review Board, University of Maryland School of Medicine
- 2015-present Associate Director, Clinical Core, VISN 5 Mental Illness Research, Education, and Clinical Center (MIRECC)

### Local and National Service

|              |  |
|--------------|--|
| 2008-2010    | Member, VA National Recovery Advisory Committee<br>Office of Mental Health Services, VA Central Office   |
| 2009-2011    | Associate Faculty Member, Faculty 1000 Medicine  |
| 2008-2014    | National Trainer, VA Social Skills Training Program<br>VA Psychosocial Rehabilitation Program  |
| 2008-2021    | Ad Hoc Reviewer, <i>Schizophrenia Bulletin</i>   |
| 2010-2016    | Ad Hoc Reviewer, <i>Social Psychiatry and Psychiatric Epidemiology</i>   |
| 2010-2015    | Ad Hoc Reviewer, <i>Criminal Justice &amp; Behavior</i>  |
| 2010-2017    | Ad Hoc Reviewer, <i>Clinical Psychology Review</i>   |
| 2011-2017    | Ad Hoc Reviewer, <i>Clinical Psychosis &amp; Schizophrenia</i>   |
| 2012-present | Ad Hoc Reviewer, <i>Psychiatry Research</i>  |
| 2013-present | Ad Hoc Reviewer, <i>Psychiatric Services</i>   |
| 2016-present | Ad Hoc Reviewer, <i>Psychiatric Rehabilitation Journal</i>   |
| 2017-present | Ad Hoc Reviewer, <i>Stigma &amp; Health</i>  |
| 2018-present | Ad Hoc Reviewer, <i>Psychological Services</i>   |
| 2013-2015    | Member, VA Reproductive Mental Health Steering Committee<br>Office of Women's Health Services, VA Central Office   |
| 2013-2016    | Guest Co-Editor, <i>Psychiatric Rehabilitation Journal Special Issue on<br/>Self-Stigma and Mental Illness</i>   |
| 2016-2017    | Ad-Hoc Reviewer, Mental Health and Social Integration, Small Projects<br>in Rehabilitation Research (SPIRE), VA Rehabilitation<br>Research and Development Service |
| 2018         | Ad-Hoc Reviewer, Psychological Health & Social Reintegration<br>(RRD4) Scientific Merit Review Board, VA Rehabilitation<br>Research and Development Service        |
| 2021-present | Ad Hoc Reviewer, <i>Women's Health Issues</i>  |
| 2022-present | Ad-Hoc Reviewer, Mental Health and Behavioral Health (HSR4)<br>Scientific Merit Review Board, Health Services Research and<br>Development Service                  |

### Teaching Service

|           |   |
|-----------|---|
| 2001-2002 | Teaching Assistant<br>Research Methods Lab, George Mason University, 32 upper level undergraduate<br>students   |
| 2004-2005 | Instructor, Clinical Interviewing,<br>George Mason University, 2 upper level undergraduate students   |
| 2006-2009 | Seminar Co-Presenter<br>"Psychological Assessment", PGY-2 Psychiatry Residents, 10 psychiatry<br>residents, 2 hours annually  |
| 2008-2010 | Seminar Co-presenter<br>"Postdoctoral Fellowship Panel Discussion", VA/University of<br>Maryland Internship Training Consortium, 13 psychology interns, 1.5 hours<br>annually                 |
| 2009      | Seminar Presenter<br>"Working with Families of People with Serious Mental Illness",<br>VA/University of Maryland Internship Training Consortium, 13 psychology<br>interns, 1.5 hours annually |
| 2009-2011 | Consultant  |

|                 |                 |  |
|-----------------|-----------------|--|
|                 |                 | Social Skills Training for Persons with Serious Mental Illness, VISN 5 MIRECC, 4-6 psychology interns/externs and VA staff members, 24 hours annually  |
| 2009-2018       | Research Mentor | Intern Research Training Experience, VA/University of Maryland Psychology Internship Training Consortium, 1 psychology intern, 2-4 hours per month   |
| 2010, 2015-2018 | Presenter       | “Internalized Stigma and Recovery”, VA/University of Maryland Internship Training Consortium, ~13-16, psychology interns, 1.5 hours  |
| 2010-2014       | Presenter       | “Internalized Stigma and Recovery”, VA Psychosocial Rehabilitation Fellowship Seminar, ~15 fellows, 1.5 hours  |
| 2011-2017       | Presenter       | “Self-Stigma and Recovery”, PGY-2 Psychiatry Residents, ~10 psychiatry residents, 1 hour annually  |
| 2017            | Presenter       | “The Family Planning and Contraceptive Counseling Needs of Women Veterans with Mental Illness”, VA/University of Maryland Internship Training Consortium, ~13-16 psychology interns, 1.5 hours |
| 2021            | Panel Member    | “Diversity in Assessment”, VA/University of Maryland Internship Training Consortium, ~13-16 psychology interns, 3 hours  |

### **Grant and Evaluation Support/Awards**

#### **Current**

|                |  |
|----------------|--|
| 1/1/22-ongoing | (Evaluation Team Member; 5%) Lead: Goldberg<br>“Follow-Up Pilot Evaluation of WoVeN in VHA”<br>VA National Women’s Mental Health Program<br>Total Direct Costs: \$120,423                                |
| 4/1/23-3/31/28 | (Primary Mentor; 5% donated) PI: Howell<br>“PTSD Treatment for Veterans with Serious Mental Illness to Improve Functional Outcomes”<br>VA RR&D Career Development Award<br>Total Direct Costs: \$985,307 |

#### **Completed**

|                   |  |
|-------------------|--|
| 9/1/08-8/31/10    | (Co-I, 10%) PI: A. Bellack<br>“Assessing Recovery in People with Serious Mental Illness”<br>VISN 5 MIRECC pilot funding<br>Total Direct Costs: \$50,000              |
| 01/01/09-12/31/10 | (Co-I, 10%) PI: A. Lucksted<br>“Assessing Internalized Stigma in People with Serious Mental Illness”<br>VISN 5 MIRECC pilot funding<br>Total Direct Costs: \$ 48,721 |

1/1/08-12/31/09 (Co-I, 10%) PI: A. Lucksted  
 “Internalized Stigma Intervention Pilot”  
 VISN 5 MIRECC pilot funding  
 Total Direct Costs: \$48,200

7/1/07-6/30/10 (Co-I, 10%) PI: L. Dixon  
 “The Effectiveness of FMPO in Improving the Quality of Care in Persons with SMI”  
 VA HSR&D Merit Award  
 Total Direct Costs: \$896,920

7/1/11-12/31/13 (Family Intervention Expert/Trainer; 5%) PI: Essock/Dixon  
 “Recovery After an Initial Schizophrenic Episode (RAISE)”  
 NIMH-HHS-271-2009-0020  
 Total Direct Costs: \$852,612

7/01/10-6/30/13 (Co-I, 15%) PI: A. Bellack  
 “Assessing Recovery in People with Serious Mental Illness”  
 RR&D VA Merit Award  
 Total Direct Costs: \$743,540

2/7/10-12/31/2014 (Co-I, 15%) PI: A. Lucksted  
 “Ending Self-Stigma: Randomized Clinical Trial to Reduce Internalized Stigma among People with SMI”  
 NIH/NIMH R01  
 Total Direct Costs: \$819,000

7/1/11-9/30/15 (PI, 37.5%)  
 “Reducing Internalized Stigma in People with Serious Mental Illness”  
 HSR&D VA Merit Award  
 Total Direct Costs: \$874,774

8/21/12-12/30/15 (PI; 10%)  
 “Understanding the Needs for Family Planning and Contraceptive Counseling among Women with Serious Mental Illness”  
 VISN 5 MIRECC pilot funding  
 Total Direct Costs: \$24,589

4/1/14-9/30/16 (PI; 5%) (Initial PI: Aakre)  
 “Reducing Internalized Stigma among Veterans with PTSD: A Pilot Trial”  
 VA RR&D SPIRE  
 Total Direct Costs: \$197,354

1/1/17-9/30/17 (PI; 10%)  
 “Development of a Reproductive Health Planning Intervention for Women Veterans with Mental Illness”  
 VISN 5 MIRECC pilot funding  
 Total Direct Costs: \$18,093

3/1/14-9/30/19 (Co-PI; 25%) PIs: Perlick/Drapalski  
 “Multifamily Group Therapy to Reduce Marital Conflict and Disability

- in Veterans with mTBI”  
VA RR&D Merit Award  
Total Direct Costs: \$1,098,787
- 6/1/19-2/28/21 (PI; 25%):  
“Reproductive Life Planning in Women Veterans with Mental Illness”  
VA HSR&D Pilot Program Award  
Total Direct Costs: \$99,147
- 12/1/20-11/30/22 (PI; 25%):  
“Bystander Activation Intervention to Address Gender-Based Harassment”  
VA HSR&D Pilot Program Award  
Total Direct Costs: \$199,873
- 10/1/20-9/30/22 (Project Team Member; 15%) Lead: Lucksted  
“Veteran Justice Outreach (VJO) Strategic Objectives Related to Stigmatization  
of Veterans with Criminal Justice History”  
VA Homeless Program Office  
Total Direct Costs: \$199,383
- 4/1/2021-12/31/21 (Project Lead; 15%)  
“Pilot Evaluation of WoVeN in VHA”  
VA National Women’s Mental Health Program  
Total Direct Costs: \$96,124
- 4/1/22-3/30/23 (Project Co-Lead; 10%)  
“Women’s Mental Health Peer Specialist Needs Assessment”  
VA National Women’s Mental Health Program  
Total Direct Costs: \$87,328

## **Publications**

### **Peer-Reviewed Journal Articles**

1. **Drapalski, A.L.**, Rosse, R.B., Peebles, R., Marvel, C.L., & Deutsch, S.I. (2001). Topiramate improved deficit symptoms in a patient with schizophrenia when added to his stable regimen of antipsychotic medication. *Clinical Neuropharmacology*, 24(5), 290-294.
2. Schwartz, B.L., Marvel, C.L., **Drapalski, A.L.**, Rosse, R.B., & Deutsch, S.I. (2002). Configural processing in face recognition in schizophrenia. *Cognitive Neuropsychiatry*, 7(1), 15-39.
3. Safer, M.A., Levine, L., & **Drapalski, A.L.** (2002). Distortion in memory for emotions: the contributions of personality and post-event knowledge. *Personality and Social Psychological Bulletin*, 28(11), 1495-1507.
4. Deutsch, S.I., Schwartz, B.L., Rosse, R.B., Mastropaolo, J., Marvel, C.L., & **Drapalski, A.L.** (2002). Adjuvant topiramate administration: A pharmacological strategy for addressing NMDA receptor hypofunction in schizophrenia. *Clinical Neuropharmacology*, 26(4), 199-206.
5. Wahl, O., Wood, A., Zaveri, P, **Drapalski, A.**, & Mann, B. (2003). Mental illness depiction in children’s films. *Journal of Community Psychology*, 31(6), 553-560.
6. Murray-Swank, A., Glynn, S., Cohen, A., Sherman, M., Medoff, D., Fang, L.J. **Drapalski, A.**, Dixon, L. B. (2007) Family contact, experience of family relationships, and views about family involvement in treatment among VA consumers with serious mental illness. *Journal of Rehabilitation Research and Development*, 44(6), 801-812.
7. **Drapalski, A.L.**, Marshall, T., Seybolt, D., Medoff, D., Peer, J., Leith, J. & Dixon, L.B. (2008). The

- unmet needs of families of individuals with mental illness and preferences regarding family services. *Psychiatric Services*, 59(6), 655-662.
8. **Drapalski, A.L.**, Milford, J., Goldberg, R., Brown, C., & Dixon, L.B. (2008). Perceived barriers to medical and mental health care among Veterans with serious mental illness. *Psychiatric Services*, 59, 921-924
  9. Batten, S., **Drapalski, A.L.**, Decker, M., DeViva, J., Morris, L., Mann, M., & Dixon, L.B. (2009) Consumer interest in family involvement in PTSD treatment. *Psychological Services*, 6(3), 184-189.
  10. **Drapalski, A.L.**, Youman, K., Stuewig, J., & Tangey, J. (2009). Gender differences in jail inmates' symptoms of mental illness, treatment history and treatment seeking. *Criminal Behaviour and Mental Health*, 19(3), 193-206.
  11. **Drapalski, A.L.**, Leith, J., & Dixon, L. (2009). Involving families in the care of persons with schizophrenia and other serious mental illnesses: History, evidence, and recommendations. *Clinical Schizophrenia & Related Psychosis*, 3(1), 39-49.
  12. Youman, K., **Drapalski, A.L.**, Stuewig, J., Bagley, K., Tangney, J.P. (2010). Race differences in psychopathology and disparities in treatment seeking: Community and jail-based treatment seeking patterns. *Psychological Services*, 7(1), 10-26.
  13. **Drapalski, A.L.**, Bennett, M., Bellack, A.S. (2011). Gender differences in substance use, consequences, motivation to change, and treatment seeking in people with serious mental illness. *Substance Use & Misuse*, 46(6), 808-818.
  14. Lucksted, A., **Drapalski, A. L.**, Calmes, C., Forbes, C., DeForge, B., Boyd, J. (2011). Ending self stigma: Pilot evaluation of a new intervention to reduce internalized stigma among people with serious mental illnesses. *Psychiatric Rehabilitation Journal*, 35(1), 51-54.
  15. **Drapalski, A.L.**, Medoff, D., Unick, G.J., Velligan, D., Dixon, L., Bellack, A.S. (2012). Assessing recovery in people with serious mental illness: Development of a new scale. *Psychiatric Services*, 63(1), 48-53.
  16. Bellack, A.S. & **Drapalski, A.** (2012). Issues and developments on the consumer recovery construct. *World Psychiatry*, 11 (3), 156-160.
  17. **Drapalski, A.L.**, Lucksted, A., Perrin, P., Aakre, J., Brown, C., DeForge, B., Boyd, J. (2013). A model of internalized stigma and its effects on people with mental illness. *Psychiatric Services*, 64(3), 264-269.
  18. Cohen, A., **Drapalski, A.L.**, Glynn, S.M., Medoff, D., Fang, L., Dixon, L.B. (2013). Preferences for family involvement in care by consumers with serious mental illness. *Psychiatric Services*, 64(3), 259-263.
  19. Dixon, L.B., Glynn, SM, Cohen, A.N., **Drapalski, A.L.**, Medoff, D., Potts, W., Fang, L.J., & Gioia, D. (2014). Outcomes of a brief program, REORDER, to promote consumer recovery and family involvement in care. *Psychiatric Services*, 65(1), 116-120.
  20. Gioia, D., Autry, S., Glynn, S., **Drapalski, A.L.**, Cohen, A.N., Dixon, L.B. (2014). Veterans' views of a shared decision making process: A qualitative sub-study of REORDER. *American Journal of Psychiatric Rehabilitation*, 17 (4), 348-364.
  21. Aakre, J., Brown, C.H., Benson, K.M, **Drapalski, A.L.**, Gearon, J.S. (2014). Trauma exposure and PTSD in women with schizophrenia and coexisting substance use disorders: comparisons to women with severe depression and substance use disorders. *Psychiatry Research*, 220 (3), 840-845.
  22. Lucksted, A., Burland, J., Riddle, J., Stewart, B., Adams, C., McCutcheon, S., Jones, J., Medoff, D., **Drapalski, A.**, Dixon, L. (2014). Stigma and families of individuals with mental illness. *Nuova Rassegna Di Studi Psichiatrici*, vol 10. (online journal at <http://cdsfweb02.usl7.toscana.it/NRSP/>)
  23. Yanos, P., Lucksted, A., **Drapalski, A.L.**, Roe, D., Lysaker, P. (2015). Interventions targeting mental health self-stigma: A review and comparison. *Psychiatric Rehabilitation Journal*, 38 (2), 171-178.
  24. Harris, J. I., Farchmin, L., Stull, L., Boyd, J., Schumacher, M., **Drapalski, A.** (2015). Prediction of Changes in Self-Stigma Among Veterans Participating in Partial Psychiatric Hospitalization: The Role of Disability Status and Military Cohort. *Psychiatric Rehabilitation Journal*, 38 (2), 179-185.

25. Lucksted, A., **Drapalski, A.L.** (2015). Self-stigma regarding mental illness: Definition, impact and relationship to societal stigma. *Psychiatric Rehabilitation Journal*, 38(2), 99-102.
26. Jahn, D. R., DeVylder, J. E., **Drapalski, A. L.**, Medoff, D., Dixon, L.B. (2016) Personal recovery as a protective factor against suicide ideation in individuals with schizophrenia. *Journal of Nervous and Mental Disease*, 204(11), 827-831.
27. **Drapalski, A.L.**, Medoff, D., Dixon, L., Bellack, A.S. (2016). The reliability and validity of the Maryland Assessment of Recovery Scale. *Psychiatry Research*, 239, 259-264.
28. Thomas, E.C., Muralidharan, A., Medoff, D., **Drapalski, A.** (2016) Self-Efficacy as a Mediator of the Relationship between Social Support and Recovery in Serious Mental Illness. *Psychiatric Rehabilitation Journal*, 39(4), 352-360.
29. Haselden, M., Piscitelli, S., **Drapalski, A.**, Medoff, D., Glynn, S. M., Cohen, A., Dixon, L. B. (2016). The relationship between symptoms and family relationships in veterans with serious mental illness. *Journal of Rehabilitation Research and Development*, 53 (6), 743-752.
30. Lucksted, A.L., **Drapalski, A.L.**, Brown, C.H., Wilson, C., Charlotte, M., Mullane, A., Fang, L.J. (2017). Outcomes of a psychoeducational intervention to reduce internalized stigma among psychosocial rehabilitation clients. *Psychiatric Services*, 68 (4), 360-367.
31. Lucksted, A., Stevenson, J., Nossel, I., **Drapalski, A.**, Piscitelli, S., Dixon, L. (2016). Family Member Engagement with Early Psychosis Specialty Care. *Early Intervention in Psychiatry*. Advance online publication DOI: 10.1111/eip.12403
32. Jahn, D., Muralidharan, A., **Drapalski, A.L.**, Brown, C.H., Fang, L.J., Lucksted, A. (2017). Differences in suicide and death ideation among Veterans and non-Veterans with serious mental illness. *Psychological Services*, 15(1), 31-39.
33. Haselden, M., Dixon, L. B., Overley, A., Cohen, A., Glynn, S. M., **Drapalski, A. L.**, Piscitelli, S., & Thorning, H. (2018). Giving back to families: Evidence and predictors of persons with serious mental illness contributing help and support to families. *Community Mental Health Journal*, 54(4), 383-394. doi:10.1007/s10597-017-0172-1
34. **Drapalski, A. L.**, Piscitelli, S., Lee, R., Medoff, D., & Dixon, L. B. (2018). Family involvement in the clinical care of individuals with first episode psychosis in the RAISE connection program. *Psychiatric Services*, 69(3), 358-361.
35. Thomas, E., Despeaux, K., **Drapalski, A. L.**, & Bennett, M. E. (2018). Person-Oriented recovery of individuals with serious mental illnesses: a review and meta-analysis of longitudinal findings. *Psychiatric Services*, 69, 259-267.
36. Phalen, P., Warman, D., Martin, J., Lucksted, A., **Drapalski, A.**, Jones, N., and Lysaker, P. (2019). Public understanding of different kinds of voice-hearing experiences: causal beliefs, perceptions of mental illness, and stigma. *Psychiatric Rehabilitation Journal*, 42(4), 331-340.
36. Jahn, D.R., Leith, J., Muralidharan, A., Brown, C.H., **Drapalski, A.L.**, Hack, S., Lucksted, A. (2020). The influence of experiences of stigma on recovery: mediating roles of internalized stigma, self-esteem, and self-efficacy, *Psychiatric Rehabilitation Journal*, 43(2), 97-105.
37. Hack, S., Muralidharan, A., Brown, C.H., **Drapalski, A.**, Lucksted, A. (2020). Stigma and discrimination as correlates of mental health treatment participation among adults with serious mental illness. *Psychiatric Rehabilitation Journal*, 43(2), 106-110.
38. Wastler, H., Lucksted, A., Phalen, P., **Drapalski, A.** (2020). Internalized stigma, sense of belonging, and suicidal ideation among veterans with serious mental illness. *Psychiatric Rehabilitation Journal*, 43(2), 91-96.
39. **Drapalski, A.L.**, Aakre, J., Brown, C.H., Romero, E., Lucksted, A. (2021). The Ending Self Stigma for posttraumatic stress disorder program: Results of a pilot randomized trial. *Journal of Traumatic Stress*, 34(1):69-80.
40. **Drapalski, A.L.**, Lucksted, A., Brown, C., Fang, L.J. (2021). Outcomes of Ending Self Stigma, a group intervention to address internalized stigma, among individuals with serious mental illness. *Psychiatric Services*, 72(2), 68-80.
41. Catalano, L.T., Brown, C.H., Lucksted, A., Hack, S.M., **Drapalski, A.L.** (2021). Support for the



- social-cognitive model of internalized stigma in serious mental illness. *Journal of Psychiatric Research*, 137, 41-47.
42. **Drapalski, A.L.**, Tonge, N., Muralidharan, A., Brown, C.H., Lucksted, A. (2023). Even mild internalized stigma merits attention among adults with serious mental illness. *Psychological Services*. Advance online publication. <https://doi.org/10.1037/ser0000744>
  43. Benfer, N., Howell, M.K., Lucksted, A., Romero, E.G., **Drapalski, A.L.** (2023). Self-stigma and PTSD: Conceptualization and implications for research and treatment. *Psychiatric Services*. Advance online publication. <https://doi.org/10.1176/appi.ps.20220397>
  48. Howell, M.K., Marggraf, M., Taylor, M.L., Hammer, L.A, Giron-Hernandez, C.Y., Coakley, G.N., Brown, C.H., **Drapalski, A.L.**, Hack, S.M. (2023). Social functioning mediates the relationship between psychiatric symptoms and recovery among veteran and community services users with serious mental illness, 46 (2), *Psychiatric Rehabilitation Journal*, 156-162.

### **Book Chapters**

1. **Drapalski, AL**, Dixon, L.B. (2011). Programmes to support family members and carers. In G. Thornicroft, G. Szukler, K. Mueser, & R. Drake (Eds.), *Oxford Textbook of Community Mental Health, 2<sup>nd</sup> Edition*. Oxford: Oxford University Press.
2. **Drapalski, A.L.**, Dixon, L.B. (2012). Family Issues and Treatment. In J. Lauriello & S. Pallanti (Eds.), *The Clinical Manual of Schizophrenia, 1<sup>st</sup> Edition*. Arlington: American Psychiatric Publishing, Inc.

### **Evaluation Reports**

1. **Drapalski, A.**, Kreyenbuhl, J., Freeman, M., Cohen, L., Harrison-Restelli, C., Feibus, K., Hickman, R., McCutcheon, Zephyrin, L.C. 2013 VA Reproductive Mental Health Needs Assessment. VA Reproductive Health Mental Health Steering Committee, Women's Health Services & Mental Health Services, Veterans Health Administration, Department of Veterans Affairs, Washington DC. September 2013.

### **Abstracts and/or Proceedings**

1. **Drapalski, A.L.**, Murray-Swank, A., Lucksted, A., Goldberg, R., Boyd Ritscher, J., Forbes, C., & Dixon, L. B. (2007). Internalized stigma and discrimination among consumers with SMI. *Schizophrenia Bulletin*, 33(2), 589.
2. **Drapalski, A. L.**, Medoff, D., Unick, G.J., Velligan, D., Dixon, L., & Bellack, A.S. (2011). Assessing Recovery in People with Serious Mental Illness. *Schizophrenia Bulletin*, 37 (supp. 1)

### **Invited Speeches**

1. **Drapalski, AL.** (October, 2009) *Understanding and addressing internalized stigma*. The Enemy Within: The Impact of Stigma on the Recovery Process in Mental Health Conference. Baltimore, MD.
2. **Drapalski, AL.** (July, 2009). *VA social skills training for serious mental illness*. Local Recovery Coordinator Pre-Conference; 3<sup>rd</sup> Annual VA Mental Health Conference, Meeting the Diverse Mental Health Needs of Veterans: Implementing the Uniform Mental Health Services Handbook. Baltimore, MD.
3. **Drapalski, AL.** (August and September, 2010). *Social skills training*. Are You A Champion? Bringing Recovery to Inpatient Mental Health and Residential Rehabilitation Treatment Programs. Washington DC and Los Angeles, CA.
4. **Drapalski, AL.** (March, 2013). *Self-Stigma its impact on recovery*. Beyond What Meets the Eye:

Exploring the Stigma of Mental Illness, The 20<sup>th</sup> Annual University of Maryland Department of Psychiatry Cultural Diversity Day. Baltimore, MD

5. **Drapalski, A.L.** (September, 2022). *Strategies for engaging and working with families of Veterans experiencing early episode psychosis*. 3<sup>rd</sup> Annual Serious Mental Illness Program Retreat: Engaging Veterans with Early Psychosis in Mental Health Services. Baltimore, MD.

### **Proffered Communications**

1. Safer, MA, Levine, L, **Drapalski, AL.** (2000, May). *Circumstances, attributions, an individual differences affect memory for emotions*. Presented at the meeting of the Society for Applied Research on Memory and Cognition, Miami, Florida.
2. **Drapalski, AL**, Safer, MA, Levine, L. (2000, August). *Personality and the recall of pre-exam anxiety*. Presented at the meeting of the American Psychological Association, Washington, D.C.
3. **Drapalski, AL**, Marvel, CL, Schwartz, BL. (2001, March). *Configural processing in facial recognition in schizophrenia patients*. Presented at the meeting of the British Psychological Society, Glasgow.
4. Deutsch, SI, Rosse, RB, Schwartz, BL, Marvel, CL, Dirks, B, **Drapalski, AL.** (2002, May) *Effects of topiramate on clinical and cognitive symptoms in schizophrenia*. Presented at the meeting of the Society of Biological Psychiatry, Philadelphia, PA.
5. Zaveri, P, **Drapalski, A**, Wahl, O. (2003, March). *Experiences of stigma and discrimination of people with epilepsy and mental illness*. In O. Wahl (Chair), *Assessing and addressing mental illness stigma*. Presented at the meeting of the Eastern Psychological Association, Baltimore, Maryland.
6. Hastings, M, Stuewig, J, **Drapalski, A**, Tangney, J. (2003, November). *Psychopathy, violence risk assessment, and the personality assessment inventory (PAI)*. Presented at the meeting of The American Society of Criminology, Denver, CO.
7. Zaveri, P, **Drapalski, AL**, Tangney, J. (2005, August) *Changes in symptoms of mental illness during incarceration*. In J. Tangney (Chair), *Criminalization of the Mentally Ill? Inmates' Experiences of Mental Illness*. Presented at the meeting of The American Psychological Association, Washington, DC
8. Roop, L, **Drapalski, AL**, Stuewig, J, Tangney, J. (2005, August). *Perceived social support and posttraumatic stress disorder during incarceration*. In J. Tangney (Chair), *Criminalization of the Mentally Ill? Inmates' Experiences of Mental Illness*. Presented at the meeting of The American Psychological Association, Washington, DC
9. **Drapalski, AL**, Zaveri, P, Tangney, J. (2005, August). *Symptoms of mental illness among jail inmates*. In J. Tangney (Chair), *Criminalization of the Mentally Ill? Inmates' Experiences of Mental Illness*. Presented at the meeting of The American Psychological Association, Washington, DC.
10. Tangney, JP, Stuewig, J, Furukawa, E, **Drapalski, A**, Youman, K. (2006, August). *Moderators of Treatment Efficacy Among Jail Inmates*. In J. Tangney (Chair), *Treatment Seeking, Treatment Access, and Treatment Efficacy Among Jail Inmates*. Presented at The American Psychological Association, Washington, D.C.
11. Youman, K, Bagley, K, **Drapalski, AL**, Stuewig, J, Tangney, JP. (2006, August). *Race Differences in Inmates' Psychological Treatment History and Treatment Seeking*. In J. Tangney (Chair), *Treatment Seeking, Treatment Access, and Treatment Efficacy Among Jail Inmates*. Presented at The American Psychological Association, Washington, D.C.
12. **Drapalski, AL**, List, J, Youman, K, Stuewig, J, Tangney, JP. (2006, August) *Jail inmates' access to mental health treatment during incarceration*. In J. Tangney (Chair), *Treatment Seeking, Treatment Access, and Treatment Efficacy Among Jail Inmates*. Presented at The American Psychological Association, Washington, D.C.
13. **Drapalski, AL**, Youman, K, List, J, Tangney, J. (2006, November). *The impact of treatment utilization on inmates' mental health*. In J. Stuewig (Chair), *Mental Illness as a Risk Factor for Substance Use, Incarceration, and Jail Misconduct*. Presented at The American Society for

- Criminology, Los Angeles, CA.
14. **Drapalski, AL**, Murray-Swank, A, Lucksted, A, Goldberg, R, Boyd-Ritscher, J, Forbes, C, Dixon, LB.(2007, March). *Internalized stigma and discrimination among individuals with SMI*. Poster presented at the International Congress on Schizophrenia Research, Colorado Springs, CO.
  15. **Drapalski, AL**, Milford, J, Goldberg, R, Yang, Y, Dixon, LB. (2007, July). *Perceived barriers to mental health and medical care among veterans with serious mental illness*. Poster presented at the Transforming Mental Health Care: Promoting Recovery and Integrated Care Conference, Alexandria, VA.
  16. Batten, SV, **Drapalski, A**, Decker, M, Dixon, L. (2007, November). *Veterans' interest in having family members involved in PTSD treatment*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.
  17. **Drapalski, AL**, Marshall, T, Seybolt, D, Medoff, D, Peer, J, Leith, J, Dixon, LB. (2007, November). *Unmet needs of families of adults with mental illness and preferences for addressing those needs*. Poster presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
  18. **Drapalski, AL**, Milford, J, Goldberg, R, Yang, Y, Dixon, LB. (2007, November). *Perceived barriers to mental health and medical care among consumers with serious mental illness*. Poster presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
  19. **Drapalski, AL**, Lucksted, A, Boyd, J, DeForge, B, Goldberg, R. (2008, June). *Description and Preliminary findings from a group intervention to address internalized stigma among veterans with schizophrenia*. Poster presented at the 33<sup>rd</sup> Annual U.S. Psychiatric Rehabilitation Association Conference, Chicago, Illinois.
  20. Bellack, AS, **Drapalski, A**, Medoff, D. (2010, April). *Assessing recovery in people with serious mental illness*. Poster presented at the 2<sup>nd</sup> Biennial Schizophrenia International Research Society Conference, Florence, Italy.
  21. Boyd, J, **Drapalski, A**, Lucksted, A. (2010, August & September). *Strategies to overcome internalized stigma. Are You A Champion? Bringing Recovery to Inpatient Mental Health and Residential Rehabilitation Treatment Programs*. Washington DC and Los Angeles, CA.
  22. Stuewig, J, **Drapalski, AL**, Youman, K, Durbin, K, Tangney, J. (2011, June). *Changes in symptoms of mental illness among jail inmates across the period of incarceration*. Paper presented at the Second North American Correctional and Criminal Justice Psychology Conference, Washington DC.
  23. **Drapalski, AL**, Bellack, A, Medoff, D, Unick, J, Velligan, D, Dixon, L. (2011, April). *Assessing recovery in people with serious mental illness*. Poster presented at the International Congress on Schizophrenia Research, Colorado Springs, CO.
  24. **Drapalski, A**, Lucksted, A, Perrin, P, Lertch, E, Aakre, J, DeForge, B, Boyd, J. (2011, August). *Internalized stigma and associated features in people with serious mental illness*. Poster Presented at the 3<sup>rd</sup> Annual VA Mental Health Conference, Baltimore, MD.
  25. Dixon, L, **Drapalski, A**, Glynn, S, Cohen, A, Medoff, D. (2012, June). *The effectiveness of shared decision making for persons with mental illness in promoting recovery and family involvement in care*. Poster presented at Academy Health Annual Conference, Orlando, FL.
  26. **Drapalski, AL**, Lucksted, A, Perrin, P, Aakre, J, Brown, C, DeForge, B, Boyd, J. (2012, November). *Modeling internalized stigma and its effects among people with serious mental illness*. Poster presented at the 46<sup>th</sup> Annual Association for Behavioral and Cognitive Therapies Conference. National Harbor, MD.
  27. Cohen, A, **Drapalski, AL**, Glynn, SM, Medoff, D, Fang, L, Dixon, L. (2013, June). *Preferences for family involvement in care by consumers with serious mental illness*. Poster presented at Academy Health Annual Conference, Baltimore, MD.
  28. Lucksted, A. A., Boyd, J., Peters, T., & **Drapalski, A. L.** (2014, March). *Ending self-stigma class: Emerging evidence and development plans*. Poster presented at the 2014 Tools for Change Conference. San Francisco, CA.

29. **Drapalski, A.L.**, Lucksted, A., Vorce, K., Clark, C. (2014, June). *Ending self-stigma: An intervention to reduce self-stigma and enhance recovery*. Workshop conducted at the Psychiatric Rehabilitation Association Annual Conference, Baltimore, MD.
30. **Drapalski, A.L.**, Kreyenbuhl, J., Freeman, M., Cohen, L., Levine, B., Harrison-Restelli, C., Feibus, K., Hickman, R., McCutcheon, S., Zephyrin, L. (2014, July). *Assessing the reproductive mental health training needs and interests of VA mental health providers*. VA Women's Health Services Research Conference on Enhancing Partnerships for Research and Care for Women Veterans, Arlington, VA.
31. **Drapalski, A.L.** (2014, August). Reducing self-stigma in people with serious mental illness: Program and research update. In A. Lucksted (Chair), *Internalized stigma regarding mental illness: Multiple approaches*. Presented at the American Psychological Association Annual Convention, Washington, DC.
32. **Drapalski, A.L.** (2015, February). Reducing internalized stigma among veterans with serious mental illness through Ending Self Stigma. In A. Drapalski (Chair), *Ending self-stigma: A skill building approach to reducing the impact of self-stigma*. Presented at the 7th International "Together Against Stigma" (TAS): Each Mind Matters Conference, San Francisco, CA.
33. Aakre, J., **Drapalski, A.L.**, Kessler, K.F., Romero, E., Lucksted, A. (2015, October). Internalized stigma associated with PTSD: Veteran perspectives. Poster presented at the 29<sup>th</sup> Annual Meeting of the Society for Research in Psychopathology, Baltimore, MD.
34. Perlick, D., **Drapalski, A.**, Muralidharan, A., Grier, S., Schultz, D., Riley, S., Glynn, S. (2015, November). Multifamily group for Veterans with mild traumatic brain injury and their partners. In S. Glynn & D. Perlick (Chairs), *Treatment Innovations for Traumatized Military Couples*. Presented at the 35<sup>th</sup> Annual International Society for Traumatic Stress Studies, New Orleans, LA.
35. **Drapalski, A.**, Peer, J. (2016, June). EASE-ing Self-Stigma: Strategies for Helping Individuals Address Self-Stigma in Inpatient Mental Health Units. Presented webinar for the VA Inpatient Mental Health Recovery Webinar Series.
36. Lucksted, A., **Drapalski, A.L.**, Brown, C. H. (2017, March). Outcomes of the ESS Psychoeducational Intervention to Reduce Internalized Stigma among Adults with Schizophrenia and Other Serious Mental Illnesses. Poster presented at the 2017 International Congress on Schizophrenia Research, San Diego, CA.
37. **Drapalski, A.L.**, Kreyenbuhl, J., Lucksted, A., Federline, A. (2017, July). Understanding the Contraceptive Counseling Needs of Women with Mental Illness. Poster presented at the 2017 HSR&D/ QUERI National Conference, Arlington, VA.
38. Federline, A., Kreyenbuhl, J., Lucksted, A., **Drapalski, A.L.** (2017, August). Understanding the Family Planning Needs of Women with Mental Illness. Poster presented at the 2017 American Psychological Association Annual Convention, Washington, DC.
39. **Drapalski, A.L.** (2017, August). *Application of Theory in Self-Stigma Interventions*. In A. Lucksted (Chair), *From Theory to Intervention and Back—Reducing the Negative Impacts of Mental Illness Stigma*, Presented at the 2017 American Psychological Association Annual Convention, Washington, DC.
40. **Drapalski, A.L.** (2018, January). Reproductive Health and Life Planning in Women with Mental Illness. Webinar presented for the VA Women's Mental Health Clinical Training Teleconference Series.
41. **Drapalski, A.L.** (2018, July). What Do Women Need? How to Conduct a Women's Mental Health Needs Assessment to Plan for Successful Change? Webinar presented for the VA Women's Mental Health Clinical Training Teleconference Series.
42. Lucksted, A., **Drapalski, A.** (2018, June). What Helps Coping with Self Stigma: Wisdom from Adults with SMI. Poster presented at the 41<sup>st</sup> annual Psychiatric Rehabilitation Association Conference. Denver, Co.
43. **Drapalski, A.L.** (2018, August). Introduction to Action Planning. Presented at the National VA/DoD Women's Mental Health Mini-Residency: Building Clinical Expertise to Meet Women's Unique

- Treatment Needs. Crystal City, VA.
44. **Drapalski, A.L.**, Aakre, J., Brown, C., Romero, E., Lucksted, A. (2018, November). Results of a pilot randomized trial of a group intervention to reduce self-stigma in veterans with PTSD. Poster presented at the International Society for Traumatic Stress Studies 34<sup>th</sup> Annual Meeting, Washington DC.
  45. **Drapalski, A.L.**, Kreyenbuhl, J., Lucksted, A., Medoff, D., Despeaux, K., Federline, A. (2019, October). Reproductive Life Planning in Women with Mental Illness. Poster presented at the HSR&D/QUERI National Conference, Washington, DC.
  46. Lucksted, A. A., & **Drapalski, A. L.** (2019, October). *Stigma experiences, meaning-making, and intervention response among US military veterans experiencing PTSD*. 9th International Together Against Stigma Conference, Singapore.
  47. Tonge, N.A., Brown, C., **Drapalski, A.**, Lucksted, A. (2021, April). *Using exploratory graph analysis to understand anxiety comorbidity in serious mental illness*. Poster presented at the 2021 Congress of the International Schizophrenia Research Society. Virtual Conference.