CEU Workshop:
Mindfulness Strategies for Use in Mental Health Practice
May 10, 2017

Clinicians will select two training sessions and learn how to incorporate techniques in their mental health care practice:
breathing meditation, embodied practices including walking meditation and body scan meditation, or compassion and self-compassion practices

Interested clinicians should contact Ralf Schneider at Ralf.Schneider@va.gov or 410-637-1874

APA, ASWB, and ANCC CEUs available