Mental Health Lived Experience Community of Practice (MHLE CoP)

Mental Health Lived Experience Speakers

Book a VHA mental health provider with lived experience to speak at:
- Grand Rounds
- Mental Health Summits
- Trainings on Recovery-Oriented Care or Diversity

We connect VA facilities with mental health professionals who have lived with a mental health challenge. Research shows that mental health providers who have professional role models with lived experience make more recovery oriented, empowering clinical decisions.

Please contact VHAMHLESpeakers@va.gov.
**Mental Health Lived Experience Consultants**

Consult with a VHA mental health provider with lived experience to:

- Improve workplace acceptance, diversity, and inclusion
- Learn best practices
- Increase your own coping skills

We connect VA facilities and personnel with VHA mental health professionals who have lived with a mental health challenge and dealt positively with workplace issues. Research shows that mental health providers who have been taught to use lived experience in the workforce better identify with Veterans and coworkers who manage mental health challenges, which leads to more effective care for Veterans and a more welcoming and productive workplace.

Please contact **VHAMHLEConsultants@va.gov**.

**Become a member!** Contact **VHAMHLELeadershipTeam@va.gov**.