SOCIAL SKILLS OUTSIDE PRACTICE RECORD

Asking Questions About Health-Related Concerns

The steps are:
1. Choose a person to speak to, such as a case manager, a nurse, or a doctor.
2. Ask the person your question.
3. If you do not feel comfortable with the person’s answer or if you do not understand, ask more questions.
4. Thank the person for their help.

Name: ____________________________  Date Assigned: ____________________________

Person Assisting with Outside Practice: ____________________________

Skill Being Practiced: ____________________________

My Plan (brief description of assignment):

Practice Date: _________________  Location: ____________________________

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

- Not at all effective
- A little effective
- Moderately effective
- Very effective
- Highly effective