SOCIAL SKILLS OUTSIDE PRACTICE RECORD

Asking Questions About Medications

The steps are:

1. Choose a person to speak to, such as a case manager, a nurse, a doctor, or a family member.

2. Ask the person your question about medication. Be specific.

3. If you do not understand the person’s answer, ask more questions.

4. Thank the person for their help.

Name: __________________________  Date Assigned: ________________

Person Assisting with Outside Practice: ________________________________

Skill Being Practiced: ________________________________

My Plan (brief description of assignment):

____________________________________________________________________

Practice Date: _________________  Location: ____________________________

Briefly describe what took place:

____________________________________________________________________

How effective were you at using the skill during the outside practice? Please check one:

○ Not at all effective
○ A little effective
○ Moderately effective
○ Very effective
○ Highly effective