SOCIAL SKILLS OUTSIDE PRACTICE RECORD

Asking Someone for a Date

The steps are:

1. Choose an appropriate person to ask.
2. Suggest an activity to do together.
3. Listen to the person’s response and do one of the following:
   a. If the person responds positively to your suggestion, choose a day and time to get together. Be willing to compromise.
   b. If the person indicates that they are not interested in going out on a date, thank the person for being honest with you.

Name: ___________________________  Date Assigned: _________________

Person Assisting with Outside Practice: ________________________________

Skill Being Practiced: ______________________________________________

My Plan (brief description of assignment):

__________________________________________

Practice Date: _________________  Location: _________________________

Briefly describe what took place:

__________________________________________

How effective were you at using the skill during the outside practice? Please check one:

〇 Not at all effective
〇 A little effective
〇 Moderately effective
〇 Very effective
〇 Highly effective