SOCIAL SKILLS OUTSIDE PRACTICE RECORD

Ending a Date

The steps are:

1. Thank the person for spending time with you.
2. If you enjoyed the date, tell the person that you would like to get together again.
3. Say “Good-bye.”

Name: ___________________________ Date Assigned: ____________________

Person Assisting with Outside Practice: ____________________________

Skill Being Practiced: ____________________________

My Plan (brief description of assignment):

Practice Date: ________________ Location: ____________________________

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

☐ Not at all effective
☐ A little effective
☐ Moderately effective
☐ Very effective
☐ Highly effective