SOCIAL SKILLS OUTSIDE PRACTICE RECORD

Expressing Affection

The steps are:

1. Choose a person whom you are fond of.
2. Pick a time and place where you can be with the person in private.
3. Express affection using a warm and caring voice tone and/or by offering a warm physical gesture.
4. Tell the person why you feel this way

Name: ___________________ Date Assigned: ___________________

Person Assisting with Outside Practice: _________________________

Skill Being Practiced: _________________________

My Plan (brief description of assignment):

________________________________________________________________________________________________________________________________________________________________________

Practice Date: ________________ Location: _______________________

Briefly describe what took place:

________________________________________________________________________________________________________________________________________________________________________

How effective were you at using the skill during the outside practice? Please check one:

○ Not at all effective
○ A little effective
○ Moderately effective
○ Very effective
○ Highly effective