SOCIAL SKILLS OUTSIDE PRACTICE RECORD

Expressing Positive Feelings

The steps are:
1. Look at the person.
2. Tell the person exactly what it was that pleased you.
3. Tell the person how it made you feel.

Name: ___________________________ Date Assigned: ______________________

Person Assisting with Outside Practice: ________________________________

Skill Being Practiced: _____________________________________________

My Plan (brief description of assignment):

Practice Date: ________________ Location: ____________________________

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

- [ ] Not at all effective
- [ ] A little effective
- [ ] Moderately effective
- [ ] Very effective
- [ ] Highly effective