SOCIAL SKILLS OUTSIDE PRACTICE RECORD

Maintaining Conversations by Expressing Feelings

The steps are:

1. Greet the person.
2. Make a brief statement about how something makes you feel.
3. Judge whether the other person is listening and is interested in pursuing the conversation.

Name: ___________________________ Date Assigned: _________________

Person Assisting with Outside Practice: ________________________________

Skill Being Practiced: _______________________________________________

My Plan (brief description of assignment):

____________________________________________________________________

Practice Date: _________________ Location: _____________________________

Briefly describe what took place:

____________________________________________________________________

How effective were you at using the skill during the outside practice? Please check one:

☐ Not at all effective
☐ A little effective
☐ Moderately effective
☐ Very effective
☐ Highly effective