SOCIAL SKILLS OUTSIDE PRACTICE RECORD

Making Apologies

The steps are:
1. Look at the person.
2. State the apology: “I’m sorry for ________.”
3. If realistic, assure the person that it won’t happen in the future.

Name: ___________________________ Date Assigned: _______________________

Person Assisting with Outside Practice: ________________________________

Skill Being Practiced: _____________________________________________

My Plan (brief description of assignment):

____________________________________________________________________

Practice Date: ________________ Location: _____________________________

Briefly describe what took place:

____________________________________________________________________

How effective were you at using the skill during the outside practice? Please check one:

○ Not at all effective
○ A little effective
○ Moderately effective
○ Very effective
○ Highly effective