

SOCIAL SKILLS OUTSIDE PRACTICE RECORD

Refusing Requests

The steps are:

1. Look at the person. Speak firmly and calmly.
 2. Tell the person you cannot do what the person asked. Use a phrase such as "I'm sorry but I cannot ____."
 3. Give a reason if it seems necessary.
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Name: _____ Date Assigned: _____

Person Assisting with Outside Practice: _____

Skill Being Practiced: _____

My Plan (brief description of assignment):

Practice Date: _____ Location: _____

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

- Not at all effective
- A little effective
- Moderately effective
- Very effective
- Highly effective