SOCIAL SKILLS OUTSIDE PRACTICE RECORD

Refusing Unwanted Sexual Advances

The steps are:

1. Using a firm voice, tell the person that you are not interested in having sex.
2. Depending on your relationship with that person, explain why you feel that way.
3. If the person does not listen and continues to pressure you, leave the situation.

Name: ____________________________ Date Assigned: ______________________

Person Assisting with Outside Practice: ________________________________

Skill Being Practiced: ________________________________________________

My Plan (brief description of assignment):

____________________________________________________________________

Practice Date: ________________ Location: _____________________________

Briefly describe what took place:

____________________________________________________________________

How effective were you at using the skill during the outside practice? Please check one:

○ Not at all effective
○ A little effective
○ Moderately effective
○ Very effective
○ Highly effective