SOCIAL SKILLS OUTSIDE PRACTICE RECORD

Reporting Pain and Other Physical Symptoms

The steps are:

1. Choose an appropriate person to speak to.
2. Tell the person that you are not feeling well.
3. Describe the symptoms (e.g., pain, dizziness) to that person.
4. Listen to that person's response and ask for help if you need it.

Name: __________________________________ Date Assigned: __________________

Person Assisting with Outside Practice:____________________________________

Skill Being Practiced:____________________________________________________

My Plan (brief description of assignment):

__________________________________________________________________

Practice Date: ________________ Location: ________________________

Briefly describe what took place:

__________________________________________________________________

How effective were you at using the skill during the outside practice? Please check one:

○ Not at all effective
○ A little effective
○ Moderately effective
○ Very effective
○ Highly effective