SOCIAL SKILLS OUTSIDE PRACTICE RECORD

Responding to a Stranger or a Drug Dealer

The steps are:

1. Decide whether to make eye contact.
2. Tell the person that you don’t want to use drugs or alcohol. Be brief.
3. *If appropriate*, give the person a reason why you do not want to use.
4. Leave the situation.

Name: __________________________  Date Assigned: _______________

Person Assisting with Outside Practice: ____________________________

Skill Being Practiced: ____________________________

**My Plan** (brief description of assignment):

Briefly describe what took place:

__________

How effective were you at using the skill during the outside practice? Please check one:

- [ ] Not at all effective
- [ ] A little effective
- [ ] Moderately effective
- [ ] Very effective
- [ ] Highly effective