

SOCIAL SKILLS GROUP OBSERVATION CHECKLIST

Group Leader: _____ Date: _____

Consultant: _____

Instructions: Complete this checklist after observing the group leader conduct a session. For each item, check off whether the group leader performed this skill “not at all”, “partially”, or “fully.”

General structuring and positive engagement skills	Not at all	Partially	Fully
Created a warm, welcoming atmosphere.			
Spoke clearly, using a voice neither overloud nor oversoft.			
Established an agenda and maintained the structure of the session.			
Provided ample positive feedback for participation.			
Redirected group members who interrupted or strayed from the topic, using a kind but firm voice.			
Asked group members for examples of personal experiences in which skills could be or were used.			
Used a shaping approach to help members gradually learn new social skills by reinforcing small steps toward the targeted skill.			
Encouraged group members to be actively involved in the session. (Members can be active in different ways, such as reading the steps of the skill out loud, providing a rationale, providing feedback for role plays, participating in role plays, contributing examples of personal experience.)			

(continued)

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Steps of social skills training	Not at all	Partially	Fully
Reviewed home practice from the previous group session.			
Established a rationale for using the skill.			
Discussed the steps of the skill with group members.			
Modeled the skill in a role-play.			
Reviewed the model with the group members.			
Engaged all group members in a role-play of the skill.			
Provided or elicited behaviorally specific positive feedback for each group member's role-play.			
Provided or elicited behaviorally specific suggestions for improvement for each group member's role-play.			
Assigned specific home practice to practice the skill outside the group.			

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